17 January 2025

TIS RECORD

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

At TIS,

we believe that integrity, or the lack of it, defines the individual and their reputation. We strive to display it as our badge of honour.

Contents

- PYP News: Page 9
- CASSA News: Page 25
- Counsellors' Corner: Page 50

Key Dates

- 18/1/25: TIS Athletics Championships
- 19/1/25: Alumni Thanksgiving Service
- 20/1/25: Student Council elections.
- 25/1/25: ISSAG basketball & hockey.
- 29-31/1/25: MYP IDU Days
- 2/2/25: Student leadership induction ceremony.
- 8/2/25: TIS STEM Fair

Thought for the Week

The secret to your success can be found in your daily routine

- John C Maxwell



3Ps

Planning. Punctuality. Performance. It is not only an important semester for our exam candidates (G10 & 12), but also all students. To enjoy a successful semester, students will need to focus on the 3Ps.

Planning. Students have a lot to do during the semester and it is very easy to become distracted by being involved in the many activities available at TIS. All planning takes time to develop, yet many people do not set aside this time, instead preferring to 'wing it' or 'fly by the seat of their pants'. Without planning, success will rely on luck and good fortune, and disappointment is a frequent outcome.

Punctuality. It is critical that individuals respect time. A lack of respect will result in chaos, missed deadlines and opportunities. Planning and punctuality fit like gloves. Prioritising and allowing adequate time to complete tasks are essential skills for any successful person. Leaving things until the last minute will result in disappointment and the failure to achieve the best possible outcome, due to the last-minute rush to complete a task.



"My definition of integrity is a set of beliefs, values, and actions that others can depend on." -Steve Bollar

Accounts

- When paying an amount in our school's account, always ensure you use the student's family name and student ID as the payment reference.
- Please email payment advices to: <u>finance@tis.edu.gh</u>

Visiting: Must Do

- Park at the Main Entrance, (not at the Hostel Gate entrance).
- 2. Cancel your booking if you are not coming.
- 3. Only book once for a weekend.

Making Us Proud

Michael Owusu-Addo Jr., a K2 student, demonstrated initiative and curiosity by inquiring whether gymnastics would take place during the first week of enrichment activities after school reopened.

Ariella Berko (Assistant Protocol Head) and Ashanti Tettey-Amlalo (Primary School Student Council President), both Grade 6 students, demonstrated remarkable commitment and consistency by completing 75 Edmentum skills during the vacation. **Performance**. Students must be very clear about what they want to achieve by the end of this semester. In the planning stage, they will have articulated their goals to achieve. Students must ensure they reflect on their goals regularly to remind themselves so that focus can be maintained. They must remove distractions. They must ensure they use their time wisely, but ensure a balance. They must have a clear understanding of the task components, practise the requisite skills regularly, ensure adequate sleep, submit all tasks before due dates and reflect on all feedback. They must remain focused, balanced and committed to achieving their goals.

Getting the 3Ps right will ensure success this semester.

A Great Start to S2

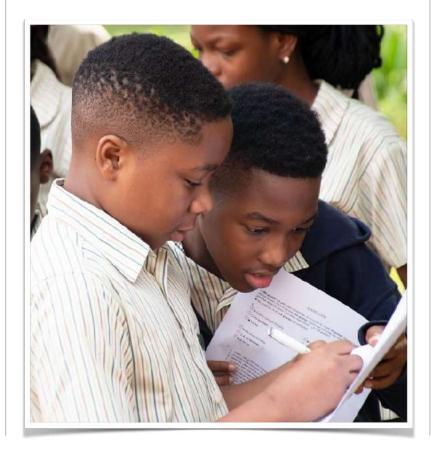
It was great to see the return of students to start the second semester. We are looking forward to a great and strong finish to a busy S2.

Enjoying and celebrating our cherished Alumni this week has also added to the perfect start to this semester. Thank you, Alumni, for the support and wisdom you offer our students.

I appreciate your support. Enjoy each day as a blessing.

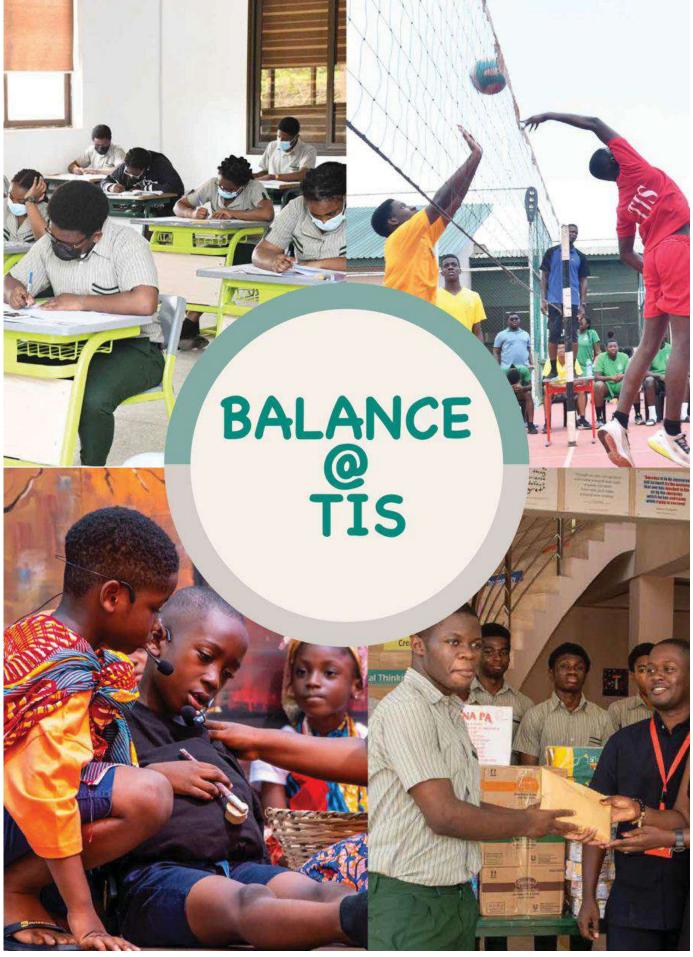
Dr Ken Darvall (Principal)

principal@tis.edu.gh



Vol. 21, No. 22

Weekly Bulletin



Main Campus Information



Exeats

Exeats for secondary school students cover passport and visa matters, family events, as well as medical, dental, optical and medical appointments.

Students are allowed a maximum of 8 days per semester. Note: A weekend exeat that commences on Friday and ends on Sunday counts as three days.

For a weekend exeat, students must return by 5.00pm on the Sunday.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceeding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted during the last week before a semester break.

Parents/Drivers must show the approved exeat from their phone to security to enter.

(NO SHOW. NO GO.)

Access the general exeat form from here: https://www.tis.edu.gh/exeat-form/

Families should plan their exeat requests carefully to avoid any disappointment.

Visiting

For visits until June 2025, parents will be required to book their visit online.

Please go to: https://www.schoolinterviews.com.au/code/q8q3x

Complete your details and click next to select your day and time.

Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays.

Sessions are 60 minutes.

Only one booking per family per weekend.

There are restrictions on food and/or drink that may be consumed during a visit. Book early to avoid disappointment.

6 - 12 - 2024

TIS 2024/25 School Calendar

	August 2024					
Su	Мо	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024						
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22	23	24	25	26	27	28
29	30					

December 2024

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March 2025 We Th

June 2025

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November 2024						
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	February 2025					
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23	24	25	26	27	28	

May 2025						
Su	Мо	Tu	We	Th	Fr	Sa
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

COLOUR KEY

School Closed/ Holidays



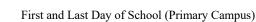
Main Campus Event



Primary Campus Event

First and Last Day of School (Main Campus)

Teacher in-Service Day (no school for students)



NOTE: All dates/activities are current as of the date of publication and may be subject to change.

October 2024						
Su	Мо	Tu	We	Th	Fr	Sa
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27	28	29	30	31		

January 2025						
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April 2025						
Su	Мо	Tu	We	Th	Fr	Sa
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 2025						
Su	Мо	Tu	We	Th	Fr	Sa
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SECONDARY SCHOOL CAMPUS

Public Holidays	
4/8/24	Founders' Day
21/9/24	Kwame Nkrumah Memorial Day
6/12/24	Farmers' Day
7/1/25	Constitution Day
6/3/25	Independence Day
31/3/25	Eid Al Fitr (TBC)
18/4/25	Good Friday
20/4/25	Easter Monday
1/5/25	Labour Day
S1 Internal Da	tes: Main Campus
1/8/24	2024 MYP Results Released; 2024 MYP Enquiries Upon Results Open
1/8/24	Senior management staff resume
6/8/24	Teachers resume; review of school policies
12/8/24	Student Council executives return
14/8/24	Newbies arrive
16/8/24	Personal Project: Criterion B draft due
18/8/24	Continuing students resume
19/8/24	Secondary School classes commence; G9&11 Subject Selection
23/8/24	TIS Junior Soccer Championships
24/8/24	SAT
25/8/24	School Performance auditions
30/8/24	TIS Senior Soccer Championships
1/9/24	Thanksgiving Service (11.00am) NO EXEATS
7/9/24	TIS Tennis Championships/TIS Badminton Championships; HIBS Africa.
13/9/24	PP Criterion B final due
14/9/24	ACT; MYP & DP Parents Information sessions. NO EXEATS (Until after these sessions)
20/9/24	DP Geography Excursion
21/9/24	TIS Sporty Family. NO EXEATS (Until after midday)
24-25/9/24	DP Evaluation Visit
28/9/24	TIS Handball Championships
29/9-6/10/24	21 st Anniversary TIS Spirit Week. NO EXEATS
3/10/24	TIS Founders' Day. Main Campus admissions open for 2025/2026
5/10/24	SAT;
6/10/24	21 st Anniversary Thanksgiving Service. NO EXEATS until after 1.00pm)
6-8/10/24	Dukies Camp (Bronze, Silver and Gold). Departs 7.00am
7-11/10/24	Mid-semester break
10-12/10/24	TIS MUN
12/10/24	ISSAG Football
13/10/24	Students return to hostels
14/10/24	G9/G11 Changes to Subject Selections close; DP Geography Data Excursion
19/10/24	ISSAG Football, Handball, Tennis and Badminton.
20/10/24	PP: Criterion C draft due
21/10/24	Student Council (SC) shadowing process commences; SEC Universities Fair (2.00-4.00pm)
22/10/24	G12 EE Café Cirla Vallachall Championahing (during ASA)
23/10/24 24/10/24	Girls Volleyball Championships (during ASA) Boys Volleyball Championships (during ASA)
26/10/24	ACT; PSAT
27/10/24	TIS swimming championships (3.00 – 5.00pm)
2/11/24	SAT
4/11/24	DP Business Management Excursion
9/11/24	Annual Production NO EXEATS
12-13/11/24	Collaborative Sciences Project – G12;
16/11/24	ISSAG Volleyball, Swimming and Table Tennis
20-26/11/24	G10 end of semester eAssessments (Reports due 9/12/24) No exeats for G10
20-29/11/24	G11-12 end of semester exams (Reports due $10/12/24$) No exeats for G11-12
29/11/24	PP Criterion C completion;
1/12/24	SC applications open for 2024 elections
2/12/24	Christmas Lunch
4/12/24	Last day for the first semester: Students may depart after 3-Way interviews.
1012/24	PP Final Report due: photo evidence & bibliography upload
11/12/24	Last day for teachers

S2

52	
9-10/1/25	Staff training days
12/1/25	Students return to hostels; applications for 2024 SC positions close
13/1/25	Second semester commences.
13-19/1/25	Alumni Homecoming Week
18/1/25	TIS Athletics Championships. NO EXEATS BEFORE 1.00PM
19/1/25	Alumni Thanksgiving Service
20/1/25	SC Manifesto Readings
22/1/25	2025 Student Council elections by voting (7.00am-4.00pm)
25/1/25	ISSAG Basketball and Hockey.
29-31/1/25	IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day
1/2/25	SC Leadership Camp NO EXEATS FOR SCHOOL LEADERS ; ISSAG Basketball Day 2
2/2/25	Student Leadership Induction Ceremony NO EXEATS
8/2/25	TIS STEM Fair. NO EXEATS
10-14/2/25	MYP Mock eAssessments NO G10 EXEATS
13/2/25	G11 TOK Exhibition. NO G11 EXEATS
14-15/2/25	TIS Squash Championships;
15/2/25	Chocolate Friendship Day
17-28/2/25	DP Mocks. NO G12 EXEATS
22/2/25	ISSAG Athletics
26/2/25	PP standardisation and moderation (teachers)
1/3/25	MYP Projects (Personal & Community) NO EXEATS (until after this session)
7/3/25	Pi Day; PYP/MYP Info Day at Main Campus
15/3/25	Expression Day NO EXEATS (until after the event)
19/3/25	Three-way interviews: Students may depart for the break AFTER interviews
20-21/3/25	DP Geography Field Trip
20-21/3/25	Mid-semester break
20-31/3/23	
	PP:Academic Honesty First Record
23-25/3/25	Dukies Bronze & Silver expedition camp
31/3/25	PP Criterion A draft due; Draft 2025/2026 Calendar Overview Released
5/4/25	
7/4/25	G12 Grad photos (All day). NO G12 EXEATS
13/4/25	Exam Candidates' Service NO EXEATS
17-21/4/25	Easter break
21/4/25	MYP5->DP1info session; PP Criterion A draft due
23/4-16/5/25	DP Final Exams
3/5/25	SAT
5/5/25	PP Criterion A final due
5-16/5/25	MYP eAssessments
17/5/25	Leavers' Dinner
19-30/5/25	G11 semester exams; G10 classes resume (compulsory attendance).
23-29/5/25	G9 eAssessments
30/5/25	MYP4 (2025/2026) subject selections
7/6/25	2025 Annual Achievement and Graduation Ceremony; Last day for Secondary Classes
13/6/25	Last day for teachers; S2 reports published.
9-12/6/25	Dukies' (Bronze, Silver and Gold Levels) Expedition Camp
14/6/25	ACT
21/6/25	France/Spain trips commence
12/7/25	France/Spain trips end
26/7/25	PP: Final Product (Photo evidence upload)

PRIMARY SCHOOL CAMPUS

Public Holidays

- 4/8/24 Founders' Day
- 21/9/24 Kwame Nkrumah Memorial Day
- 7/12/24 Farmers' Day
- 7/1/25 Constitution Day
- 6/3/25 Independence Day
- 31/3/25 Eid Al Fitr (TBC)
- 18/4/25Good Friday
- 20/4/25 Easter Monday
- 1/5/25 Labour Day

S1 Internal Dates (Primary School Campus)

7/8/24	Staff prep commences
16/8/24	Meet the teacher session (1.30pm)
19/8/24	First semester commences
7/9/24	Parents Training Session
20/9/24	Sign Language Day
20/9/24	End of UOI #1 3WI
7-11/10/24	Mid-semester break
1/11/24	End of UOI #2 Celebrations
11/11/24	Book Day
22/11/24	G3&5 excursion
29/11/24	End of UOI #3 3WI
3/12/24	Last day for students and teachers

S2

9-10/1/25	Staff Training Days
13/1/25	Second semester commences.
14/2/25	End of UOI #4 3WI
14/2/25	Celebrating Additional Languages
7/3/25	PYP/MYP Info Day at Main Campus
14/3/25	Mother Tongue Day (Celebrating Culture)
14/3/25	End of UOI #5 Celebrations
19-31/3/25	Mid-semester break
26/4/25	Spelling Bee
16/5/25	PYP Exhibition (Sports Picnic)
23/5/25	End of UOI #6 3WI
31/5/25	2024 Achievers and Graduation Ceremony/VAX
6/6/25	Last day for teachers; S2 reports published

V010125



Ready, Set, Go ... Second Semester Begins @TIS Primary Campus



Welcome back to the second semester at TIS Primary School Campus! After a refreshing break, we are excited to embark on a new chapter filled with opportunities for growth, collaboration, and exploration. To prepare for the semester's engaging activities, our teachers participated in a rejuvenating wellbeing retreat at Safari Valley Resort. The retreat was an incredible experience, allowing educators to recharge, connect, and reflect, setting a positive tone for the start of the second semester.



Professional Development: Empowering Educators

With this renewed energy and focus, we started the semester with teachers participating in a workshop on the Principles of Equitable and Inclusive Education. This workshop was organised to help teachers deepen their understanding of inclusive practices, ensuring that every student feels valued, supported, and capable of achieving success. It provided valuable insights into strategies for fostering an environment where diversity is celebrated and each learner's unique needs are met. Through this professional development, teachers are better equipped to create an inclusive, equitable learning experience for all students of TIS Primary School Campus.





Welcome to Semester 2

Welcome back, Cherished Students!

With our students back on campus, all is set for our learning journey in the second semester. Their smiles as they entered the school premises showed how much they missed school and how excited they were to return and enjoy the *Happy School Experience*. Their energy and enthusiasm are contagious, setting the stage for a semester filled with growth, exploration, and meaningful learning. Here is a glimpse of how we welcomed our cherished students back, creating a warm and joyful atmosphere that reflects our commitment to fostering a supportive and engaging learning environment for all.





Diving Into Learning

All is set for learning to begin at the TIS Primary School Campus. In fact, it has already started. Teachers are rejuvenated and equipped with new skills to effectively support all students while students bring renewed enthusiasm and readiness to take ownership of their learning. They are excited to connect ideas across disciplines, apply their knowledge to real-world contexts, and develop key skills while embodying the Learner Profile attributes.

All classes have started with a new unit of inquiry across different transdisciplinary themes, each with a unique focus. Here is a glimpse of what each class is exploring this semester:

Nursery

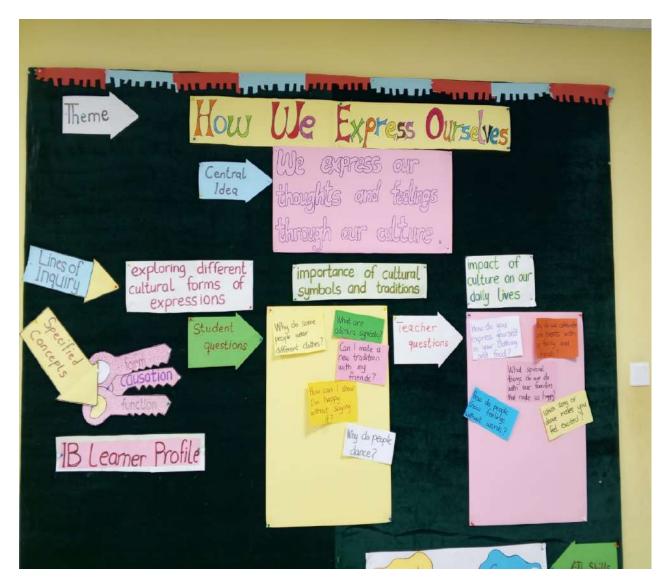
Learners in the nursery will explore various games, learning about different types and how people engage with them across multiple cultures under the theme 'How We Express Ourselves". By investigating the impact of play on our emotional well-being, social interactions, and cognitive development, our learners will gain a comprehensive perspective on its significance. Furthermore, they will actively participate in the creative process of designing and sharing their games, fostering innovation and collaboration. Through these experiences, students will deepen their appreciation for the role of play in both personal expression and cultural exchange.



Kinder 2

In our unit, How We Express Ourselves with the Central Idea, "We express our thoughts and feelings through our culture," Kinder 2 learners are exploring how culture serves as a medium for self-expression and connection. Through the lines of inquiry, "exploring different cultural forms of expressions, understanding the importance of cultural symbols and traditions, and examining the impact of culture on our daily lives", learners will engage in activities like storytelling, art, music, and role-playing. These experiences will help them appreciate the beauty of diversity, recognise the significance of traditions, and understand how culture shapes who we are and how we interact with the world around us.

Throughout the unit, we will prioritise **equity and inclusiveness** by ensuring that every learner's background, culture, and experiences are valued. We will provide opportunities for all learners to share their unique cultural expressions and create an environment where each child feels respected, heard, and included. Through this approach, we aim to foster a sense of belonging while celebrating the richness of cultural diversity.

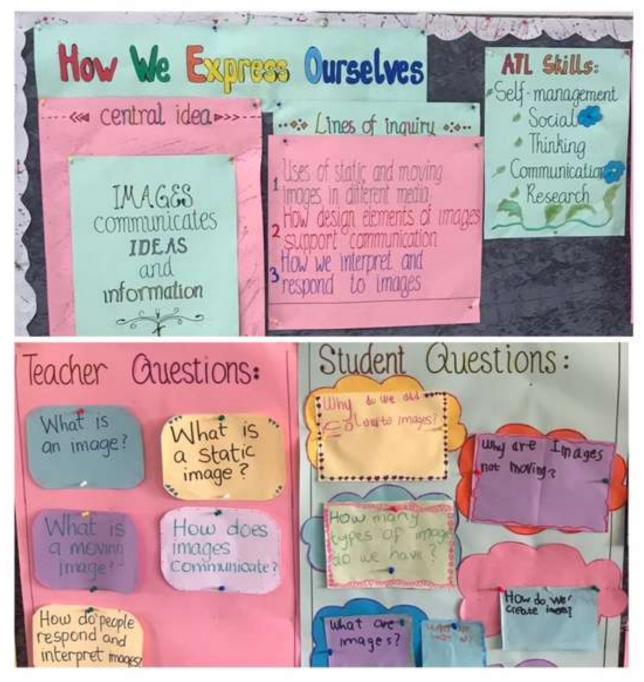


Kinder 3

In Kinder 3, students explore the theme "*Where We Are in Place and Time*" by learning about why living creatures take journeys. Over eight weeks, we will discover why living creatures migrate, how they prepare for these journeys, and how environmental changes can affect their travels. Through engaging activities in subjects like Math, Music, Drama, and Art, students will ask questions and deepen their understanding of the world around them. They will learn how animals navigate long distances and adapt to challenges during migration. By examining the role of seasons and habitats, students will understand the connection between migration and environmental changes. This unit aims to spark curiosity and teach students about the incredible journeys of animals. It will also highlight how everything in nature is interconnected, fostering a sense of wonder and appreciation for the natural world.



Grade 1 learners will explore the unit, "How We Express Ourselves," focusing on how images communicate ideas and information. They will investigate how colours convey meaning, recognise and interpret common community signs, and differentiate between static and moving images. Through hands-on activities and discussions, they will develop visual literacy skills and an appreciation for the role of images in everyday life. Using this knowledge, they will design their symbols and images, culminating in a personalised picture dictionary that reflects their creativity and understanding of visual communication. The unit will encourage students to think critically about how images influence emotions and actions, fostering creativity and self-expression.



Our second graders will dive into the exciting world of air and water with our unit, "*How the World Works!*" Learners will be busy exploring what makes air and water unique, how we use them daily, and how we can take better care of these essential resources. They will do fun experiments to find evidence of air and water around them, like feeling the power of air moving objects or discovering how water helps things grow. They will also put on their creative hats to design posters that raise awareness about pollution and build simple models to show how air pressure and water flow work. Most importantly, they will think about how small actions can make a big difference in keeping our planet healthy. It will be a hands-on, minds-on adventure full of discovery, responsibility, and fun!

Grade 3

In Grade 3, we are inquiring into how our beliefs and values influence our choice of role models with our unit, "Who We Are"! Learners will explore what shapes beliefs and values, why they look up to certain people, and how role models inspire their choices. Learners can display their creativity and skills through thoughtful activities like storytelling circles, designing a class role model wall, and dramatising key moments from famous lives. From interviewing real-life heroes to discovering how role models have shaped history, it's a learning journey full of inspiration, self-discovery, and making decisions for their future aspirations.



Students in Grade 4 are excited to be back to school and have already begun diving into their new unit under the transdisciplinary theme, *How We Organise Ourselves.* This unit centres on the idea that "Societies govern in many ways, which influences the lives of their citizens." This unit aims to inspire students to become informed and active community participants. Students will explore various governance systems, learning about how they function and shape the lives of people within them. They will also reflect on their citizen roles and how their actions contribute to their communities. By investigating the impact of governance on daily life, students will understand the rights and responsibilities of being part of a society. Through discussions, collaborative activities, and creative projects, students will connect real-world examples of leadership and governance to their lives. They will examine systems such as democracies, monarchies, and others to understand how decisions are made and how these systems ensure fairness, justice, and accountability.



We will explore the central idea, "*Physical, social, and emotional changes impact our evolving sense of self and our interactions with others*," under the transdisciplinary theme "*Who We Are.*" This unit focuses on the various changes individuals experience as they grow, particularly emphasising adolescence as students approach this developmental stage.

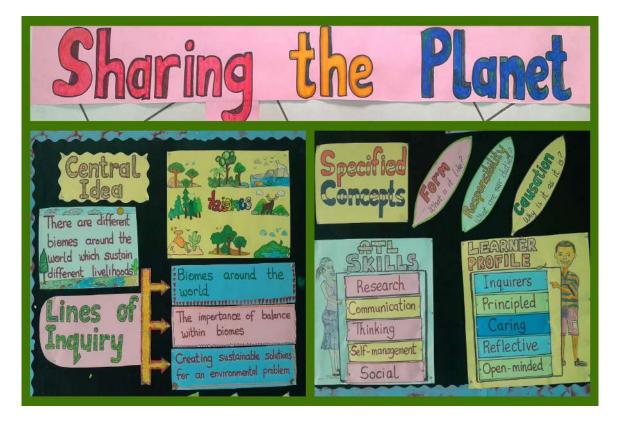
Students will gain an understanding of the physical, social, and emotional changes that occur during adolescence, such as the growth of pubic hair, an increase in height, changes in social interactions, and emotional development. Through diverse classroom strategies and engaging activities, they will learn about the impact of these changes on health and well-being. Additionally, students will identify challenges related to well-being and devise practical strategies and solutions to address these issues, fostering a deeper understanding of self-awareness and healthy practices.



Grade 6: Students in Grade 6 will explore the central idea, "*There are different biomes around the world which sustain different livelihoods,*" through the transdisciplinary theme *Sharing the Planet.* The unit focuses on understanding the diversity of biomes and their essential role in supporting life on Earth. Students will investigate the unique characteristics of biomes, such as their climate, flora, and fauna, and how they sustain human and animal life.

Building on this foundation, students will examine the importance of maintaining balance within biomes and the impact of environmental disruptions. Issues like deforestation, pollution, and climate change will be explored to understand how they affect ecosystems and the livelihoods that depend on them. Through discussions and case studies, students will gain a deeper awareness of the consequences of environmental imbalance and the critical need to protect the planet's biodiversity.

In the final phase of the unit, students will collaborate to design sustainable solutions to environmental problems. They will address real-world challenges by applying research, creativity, and critical thinking and propose actionable steps to promote sustainability. This process will empower them to become responsible global citizens while fostering learner profile attributes such as being principled, caring, and knowledgeable.



Looking Ahead

As we begin the second semester, we eagerly anticipate our students' growth and the continued development of our vibrant school community. Together, we'll foster an inclusive environment where every student thrives. Stay tuned for updates as we embark on another promising chapter at the TIS Primary School Campus!



Change the World Through Excellence

#Make a Difference





CAS-SA Corner Join the IB Class of 2026 New Year Charity Drive!

New Year Charity Drive: Bringing Hope to the Mandela Settlement

Previously planned as our **Christmas Charity Drive**, we could not carry out this initiative during the festive season due to unforeseen circumstances. However, we are determined to make a positive



impact as we begin the new year. Let's come together as a school community to extend kindness and hope to families in need.

Many at the Mandela Settlement in Ashaiman face the daily challenge of securing even one meal due to the high cost of food and unemployment. This initiative is proudly led by *Sedinam, Oforiwaa, Sharon, Matthew, Angel, Ann, Maame Akosua, Rachael-Louise, Eliana, and Raynaa* (Grade 11), who are passionate about making a difference.

We invite you to support this cause through donations in cash or kind:

Cash Donations

MoMo: Abigail Ahiadorme - +233

597621047 Reference: New Year Charity Drive – Name of Student

Donations in Kind

Non-perishable food items such as rice, tinned tomatoes, cooking oil, spices, salt, chocolate drinks, canned foods, and toiletries.

Kindly drop items at the CAS office, addressed to New Year Charity Drive.

Distribution Date

Items will be distributed to families on Friday, 31 January 2025.

Your contribution, no matter the size, will help alleviate the struggles of others and embody the true spirit of giving as we start the year.

For more information, don't hesitate to get in touch with our CAS Coordinator, Mrs. Surama King, at **surama.king@tis.edu.gh** or **+233 244615255**.

Thank you for your support!

New Year Charity Drive Team **IB Class of 2026**

#MYP - Service as Action

As we embark on a brand-new semester and a promising year, there is so much to be grateful for. We hope you had a restful and joyous time with family, friends, and loved ones. Here's to making the world better by connecting your learning to real-life situations and making a positive impact!

Grade 7:

MYP 2 students will begin taking action this semester based on their understanding of Service as Action. They are encouraged to develop ideas inspired by their favourite subjects. For instance,



in Mathematics, students are currently exploring the "Exploring Shapes" unit, which focuses on points and lines. They will brainstorm how to apply this knowledge to make an impact, such as identifying various shapes within specific locations on campus. Stay tuned for exciting initiatives!

Grade 8:

Students will work with their chosen communities to bring their plans to life. The objective is to create a meaningful impact through accomplishments derived from their studies and collaborative efforts. Stay tuned to celebrate the process with the cohort during the PP and CP exhibition slated for March 2025.

Grade 9:

MYP 4 students will leverage the outlined Service as Action opportunities to take action and make a difference in their immediate environment.

Grade 10:

MYP 5 students will focus on completing their 13-page transition worksheets. At this stage, students are not expected to initiate new experiences but instead, finalise all pending reflections and evidence on ManageBac.

The submission deadline is

28 February 2025, and students



are encouraged to adhere strictly to this timeline. To ensure ample time in preparation for e-portfolios and the final MYP Screen Exams. Grade 10s are encouraged to imbibe good self-management skills this semester.

Welcome to a semester filled with opportunities

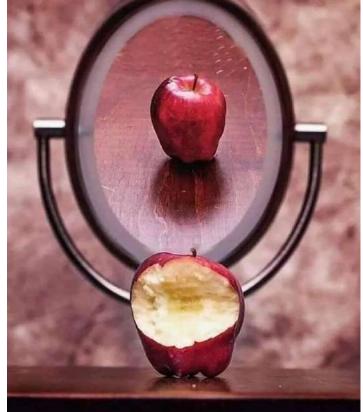
to take action, grow, & serve!

MYP 4: Kicking Off the Semester with Critical Thinking

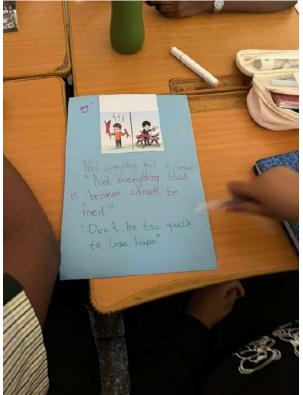
To set the tone for the semester, MYP 4 students were engaged in an exciting critical thinking exercise during their first Service as Action class. In groups, students analysed an image and collaboratively crafted a quote that reflected the essence of the image provided.

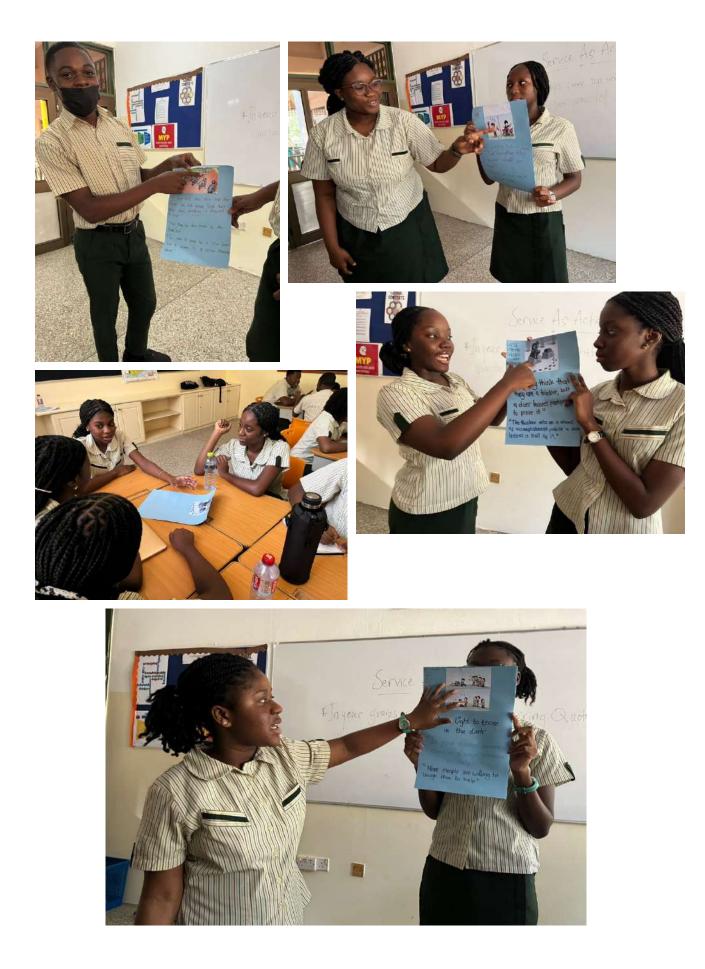
This engaging activity is aimed at sharpening their analytical and teamwork skills while easing them back into school after the holiday break.

Enjoy some snapshots from the session, and why not try your hand at creating quotes for the image provided?



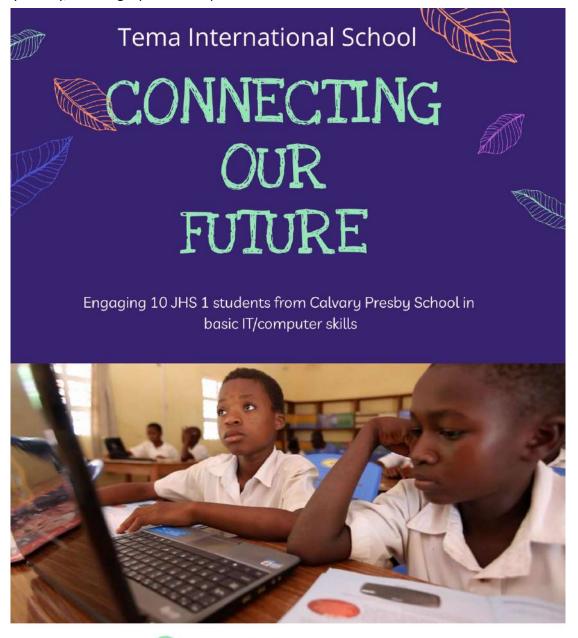






#MYP3 Community Project - Connecting Our Future

This Community Project is by Emmanuella Anim, Stephen Agyeman and Kwasi Ayisi. The group is passionate about Technology and IT. The team is embarking on an IT training session with students from Calvary Presby as their objective for Community Project. The project seeks to educate and collaborate with students on basic Computer and IT skills. Supervised by Mr. Micheal Ansah, the sessions will take place on our campus in the IT Lab every **Monday and Friday at 4:00 PM**, starting **20 January 2025** and running until **24 February 2025**. The team has sent a permission letter to Calvary Presby, awaiting a positive response.

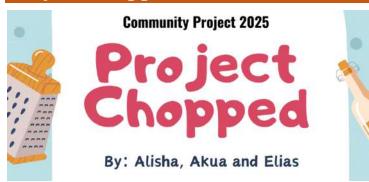




Kwasiayisikay@gmail.com agyemangnuclearfamily@gmail.com emmanuellaanim2012@gmail.com

Community Project 2025

Project Chopped



This project is by Alisha Bukari, Akua Kumi and Elias Cisse. During a visit in October, the team identified a pressing need— the kitchen lacked the essential tools and materials necessary for smooth operations. In response, the team has initiated a **Kitchen Tools Drive** to gather fairly used kitchen supplies from the School Community.

The team is appealing to members of the community to donate the following items: *Plates, mugs, and cups, Cooking utensils (ladles, knives, spatulas, etc.), Aprons and napkins, Bowls and other kitchen essentials.*

In addition to these items, the team is also seeking contributions of **non-perishable food items** to support the academy further.

- In-kind Donations: Drop off kitchen tools and non-perishable goods at the CASSA Office.
- Cash Donations: Kindly send your contributions via Mobile Money to:
 - CASSA Momo Number: 0597621046
 - Name: Abigail Ahiadorme
 - **Reference:** Project Chopped

The team is actively working to spread the word by engaging staff during briefing sessions and sharing reminders through the school bulletin and TIS WhatsApp platforms. Under the guidance of their supervisor, **Ms. Betty**, the team is confident in their ability to achieve their goal and make a lasting impact.



Weekly Bulletin

17 January 2025

Tema International School Community Project 2025

Project Chopped

By: Alisha, Akua and Elias

Kindly donate your used kitchen utensils and items to help us support the cafeteria at Floating Kids Academy

To donate an item kindly give it to Ms.Betty

To donate Cash momo-0597621047

Ref: Project Chopped



TIS Smile Club in Action – Fundraising & Outreach Initiatives

The **TIS Smile Club** has had an eventful and impactful week, working towards their goal of raising **GHC 15,000** to support **corrective surgery for a child with a cleft lip and palate** through **Operation Smile Ghana**.

Pancake Sale Success!

On Thursday, 16 January, the club hosted a **Pancake Sale** at the Project Centre after school, which turned out to be a **huge success**! The initiative raised an impressive **GHC 5,900**, bringing them closer to their goal. The event was well attended, and students, staff, and community members all contributed to making it a success.

To continue supporting the Smile Club, students and staff can visit our weekly Pancake & Chicken Nuggets Sales or make donations to support this noble cause.

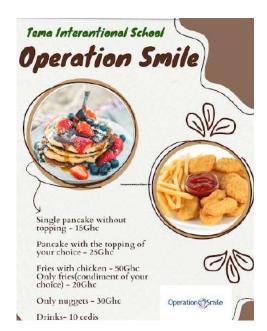
Upcoming Fundraiser: Pancakes, Fries & Nuggets for a Cause!

- Thursday, 23rd January
- **4:30 PM** (Right after school)
- Project Centre Cafeteria

Menu:

- Piping hot pancakes with your choice of toppings
- Crispy fries & Chicken Nuggets
- Only Fries
- Only Chicken Nuggets

All proceeds will go towards **Operation Smile Ghana** to provide life-changing surgery for a child with a cleft lip and/or palate. Payments can be made in **cash or via MOMO (0597621047 – Abigail Ahiadorme**; Reference: TIS Smile Club).



Let's come together for a great cause and treat ourselves to some delicious food!

Operation Smile Outreach in Koforidua

In addition to fundraising efforts, the **TIS Smile Club** will participate in the **Operation Smile Outreach Program in Koforidua** on **Saturday, 25 January 2025**. This hands-on experience will allow club members to engage with medical professionals, witness patient screenings, and gain a deeper understanding of how their efforts contribute to life-changing medical procedures.

With a combination of **fundraising and service**, the **Smile Club is making a meaningful impact**! Let's continue to support their journey to bring **hope and smiles** to children in need.

Join us in making a difference!

- The TIS Smile Club



Alumni Week - Vision Board Workshop with Sarah King: Inspiring Dreams and Planning for Success.



This week, as part of Alumni Week 2025, Sarah King (IB Class of 2017) returned to her alma mater to lead an electrifying session on Vision Boards: The Power of Visualisation and Planning. The buzz in the room was palpable as students reflected on their aspirations for their studies, university life, personal growth, future careers, and beyond. Sarah's guidance on how to plan and take actionable steps toward these goals left an indelible impression on everyone present.

What made this session even more special was seeing Sarah, almost eight years after graduating from TIS, speaking with such eloquence, confidence, and passion. Her ability to engage both students and staff was a testament to the holistic education TIS offers, nurturing individuals who are not only academically prepared but also equipped with the skills and mindset to inspire others.

The session was not just about vision boards, it was a celebration of growth, reflection, and the importance of giving back. Sarah's presence and willingness to share her journey emphasised the value of building a supportive school community where alumni return to make meaningful contributions.

As a school that fosters holistic development, TIS continues to create opportunities for learners to grow and thrive, preparing them to lead and give back to their communities. We are immensely proud of Sarah and grateful for her dedication to inspiring the next generation of TIS learners.



Message from Sarah King (IB Class of 2017)



Returning to my **alma mater** is always an incredibly emotional and fulfilling experience. I just can't believe I graduated almost 8 years ago. Walking through the familiar halls of TIS, now as an alumna, reminded me of the journey that shaped me into who I am today.

Seeing the **students' creativity and enthusiasm** during the Vision Board workshop was truly inspiring. The way they expressed their dreams, reflected on their future, and embraced the power of **visualisation and planning** was remarkable. Looking back, I now realise how essential planning is. Having a vision and setting intentional goals helps **turn dreams into reality**.

As someone who battled with **procrastination and low confidence**, I vividly remember my time at TIS. I was a proud Cecilian girl learning to navigate life, sometimes unsure but

always **blessed with a supportive community** that encouraged me to grow. Today, I look back with deep **gratitude** for the teachers, staff, hostel parents, mentors, and friends who uplifted me.

It was an absolute joy to reunite with my juniors, reconnect with some of my teachers, and witness how TIS continues to thrive, a school that nurtures well-rounded learners and future leaders. To every student, I say this: **dream big, plan boldly, and believe in yourself**. You are in a school that prepares you for greatness. Show up, embrace it, trust the process, and keep striving!

With gratitude,

Sarah Priscilla Emefa Tamakloe King (IB Class of 2017)









EducAid Mante Initiative Class of 2026 Project for Impact



What is the EducAid Mante Initiative?

The EducAid Mante Initiative is a CAS (Creativity, Activity, Service) project launched by the IB Class of 2026, dedicated to supporting the Mante School of Excellence in Afienya East. This school has been a vital educational pillar for underserved communities for over 25 years. Still, it currently faces significant challenges that impact the

quality of education and the well-being of its students.

Phases of the Project: The initiative is structured in phases to ensure we can address the school's most pressing needs without overwhelming any single group of students:

- 1. Phase 1: Sanitation Facilities
 - The current priority is to build safe and hygienic toilet facilities for students and staff. The school's existing latrine system is inadequate and poses serious health risks, especially for girls.
 - Our goal for this phase is to raise GHC 150,000, ensuring a clean and safe environment conducive to learning.





Phase 2: Classroom Renovation

Once the sanitation facilities are in place, we will move on to refurbishing classrooms with improved roofing, ventilation, and essential repairs to create a more comfortable and safe learning environment.

2. Phase 3: Canteen and Additional Facilities.

The final phase will focus on enhancing the canteen and other areas that contribute to the

students' overall well-being and educational experience.

How You Can Help: Supporting the EducAid Mante Initiative can be done in various ways:

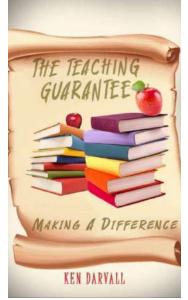
- Attend the School Play: All proceeds from ticket sales for *Secret of an Ancient Well* will be directed towards Phase 1 of the project.
- **Direct Donations:** Contributions can be made via Mobile Money (MoMo) to Ms. Abigail Ahiadorme at 0597621047, using the reference: *EducAid Your Name or Name of Ward*.
- **Spread the Word:** Help us raise awareness by sharing information about the initiative with friends and family.

By contributing to the EducAid Mante Initiative, you are directly impacting the students of Mante School, helping to create an environment where they can learn, grow, and thrive.

Thank you for your continued support as we work together to uphold the spirit of service and make a difference in our community.



Update on *The Teaching Guarantee: Making a Difference*



Dear TIS Community,

We are thrilled to announce the release of Dr. Ken Darvall's latest book, *The Teaching Guarantee: Making a Difference*. This inspiring guide is more than a must-read for aspiring school leaders—it's a call to action for everyone who believes in the power of education to create change.

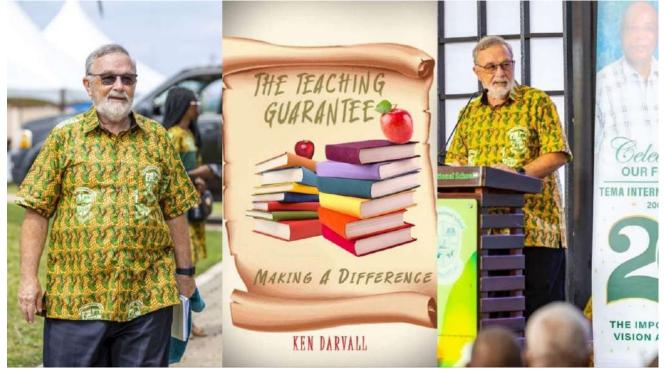
In keeping with the TIS spirit of service and impact, *The Teaching Guarantee: Making a Difference* will serve a dual purpose: Every book purchased directly supports the EducAid Mante Initiative, which is dedicated to refurbishing and enhancing the Mante School in Afienya East as part of our IB Class of 2026 Community Project. We have a community goal of raising GHC 150,000 to make this vision a reality, and your support will help us reach it!

How to Purchase Your Copy and Contribute:

- 1. **Place Your Order**: Contact us via the TIS WhatsApp. Mention your donation amount and specify the number of copies you want to order.
- 2. Payment: Payments can be made in two ways:
 - **Mobile Money (MOMO)**: Send payment to Abigail Ahiadorme at 0597621047. Use "TGMABook" as the reference.
 - **Cash**: Pay directly at the CASSA office.

Donations begin at GHC 200 per copy, with all funds going to the EducAid Mante Initiative.

This is a limited opportunity, so grab your copy while stocks last! Together, let's support the future of Mante School and continue making a difference every day. Thank you for your support!



Change the World Through

#Make a Difference







How Your Teenager Can Manage Distractions

It's entirely normal for teens to get distracted from studying from time to time, especially during stressful exam periods or when they're struggling to understand the work. Plus, the transition to digital school work and having the internet right at our fingertips means that it's never been easier to be distracted.

Avoiding doing work or study is a widespread response to feeling overwhelmed and stressed, but while leaning into a bit of self-care to get through high-stress study periods is one thing, you don't want your teen perfecting the art of procrastination because it'll come back to bite them during exam time.

If your teenager is struggling to balance study with school work, social media and other daily distractions, there are ways you can help them help themselves.

Set time aside for fun

After spending hours studying and working, it's to be expected that your teen might be feeling exhausted or stressed. While they may already have a study plan, please encourage them to have a fun plan, too. If they have a specific time set aside for relaxing, social media or gaming, they'll have less desire to distract themselves while working.

Take regular minibreaks

Suggest that they work in chunks of time – say, 20 minutes – then take a few minutes to get a drink, stretch and walk around. This will keep their energy, maintain their concentration and make their study more manageable. You might watch how they're going by having a cup of tea and a quick chat with them during one of these scheduled mini-breaks.

Block screen alerts

Encourage them to block the alerts if they're working on a tablet or computer linked to their messages or social media. When they're concentrating, a message alert pinging up will distract them and break their train of thought. They can go for it in their non-study time and catch up on social media.

Agree on 'phone free' zones

Talk about areas of the house that can become temporary phone-free zones, such as where they study and where everyone eats together. Encourage the whole family to play a role in making it happen.

Create a space they can concentrate in

This is especially important if your teen has to study in a common area with plenty of distractions, like the living room or kitchen. Being around a lot of noise and activity can significantly disrupt their study routine. Creating a space primarily dedicated to their study hours will help them focus and concentrate.

If you're unable to create a dedicated space, try to create a quiet environment where they're studying. Keep the TV turned down or off and avoid having lengthy conversations around them. If you have other kids, ask them to keep the noise down, so their sibling doesn't get distracted. Some people work best with silence, others with a hum of background noise or music. See what works for them.

Minimise interruptions

While they're studying, don't let anyone disturb them; leave it until they're having a break. Did you know that it takes most people around 20 minutes to get back on track with study after an interruption?

Monitor their sleep

Lack of sleep makes you lose focus, so it's easier to procrastinate or get distracted when you're tired. <u>Here's how you can help them get better sleep</u>. On the flip side, if your teen is studying from home, there may be a temptation to hit snooze on the alarm and lay around all day. Explain the importance of maintaining a routine like this, including when they wake up and go to bed. <u>They can learn more sleep routine tips here</u>.

Eat healthy, regular meals and snacks

Being hungry causes energy levels to drop and makes it hard to concentrate, so encourage your teen to eat proper meals and healthy energy snacks such as nuts. <u>Help them out by using these handy tips when cooking them food</u>. Sharing a meal with your teen is a good chance to check in on how their study is going. Even a break for a quick lunch before heading back to the books gives you a chance to ask how they're feeling and support their wellbeing.

Cut the caffeine

Encourage them to drink lots of tap water; being hydrated will help them concentrate. Long days at the desk may make them keen for coffee (and lots of it!). Remind them that <u>too much</u> <u>of a good thing can be bad</u>, and suggest alternatives: Herbal teas are an excellent calming substitute.

Exams, expectations and study loads can make your teenager stressed and easily distracted. Trying even a few of these tips can help you support them to manage teenage distractions, keep calm during exam periods and <u>study more efficiently</u>, which reduces their overall stress and improves their wellbeing.

Source: <u>https://parents.au.reachout.com/common-concerns/everyday-issues/things-to-try-exam-stress/how-your-teen-can-manage-</u>

distractions?utm_medium=email&utm_campaign=MKTG%20231004_Schools_Exams_MZ &utm_content=MKTG%20231004_Schools_Exams_MZ+CID_6298b5fffa7f6c0adf6f60f87f e36a51&utm_source=ROemailCM&utm_term=Share%20with%20parents

ReachOut 🔿

Checklist for DISTURBING CONTENT

Work out whether the content is right for your child. It might be around their age or just their personality, but trust your gut and put boundaries in place.



Stay up to date with pop culture. You may not care about the Bieber's or Beyonce's of this world but following sites like Pedestrian.tv and news.com.au will help you stay ahead of the game.



Tell them that they don't have to watch something if they don't want to. Brainstorm ways they can say no to their peers and feel confident making their own decisions.



Offer to watch it with them. That way you can talk through anything tough as it comes up. This can be useful even if they've already seen the content.



Read up on the issues it explores. If you show that you are comfortable and knowledgeable with the issues it explores your kids are more likely to open up to you during a tough time.

Make sure they know that not everything they see is how it appears. Have a frank conversation about not taking everything on the internet at face value.

Encourage them to practice self-care. If they are going to watch something make sure they've got an arsenal of things to pick them back up afterwards.

Let them know where to go for help. Ask them who they would feel comfortable talking to and connect them with services like ReachOut or Kids Helpline.





🔁 turnitin

The Academic Research & Writing Principles



Turnitin has developed this checklist as a guide to support students in their academic research and writing process. Use the 12 suggested guiding principles to help you to produce high quality research and original writing, from the pre-reading stage to final submission.

Explore

a wide range of research. Research the topic thoroughly to develop your knowledge base, discover new ideas and strengthen your own line of argument.

5

Paraphrase

other people's ideas. An essential academic skill, some find it helpful to note down key words and concepts before paraphrasing other people's ideas.

Evaluate

the reliability of your sources. Take some time to evaluate all your sources, particularly if information has been accessed online. Consider who has created the information and why.

Differentiate

other's work from your

own original insights

accidentally plagiarising

academic referencing.

someone else's work by using

by referencing or

paraphrasing. Avoid

Cite

all of your sources.

exactly what information

source. Remember to cite

ideas, including those which

came from one of your own

has come from another

all borrowed words or

A citation in your paper shows

Organise your research notes.

Note taking is a fundamental part of the research process. Keep notes neatly organised and retain a copy of each source used.

Write

an original paper.

The best defence against plagiarism is original writing. Unless quoting directly from someone else's work, express all ideas in your own words.

8

Reference all of your citations

correctly. Depending on the referencing system used, this may end in a list of sources as a 'bibliography'. Most students are aware of referencing requirements surrounding books and journals, but we must also reference sources like YouTube videos, images, diagrams and yourself!

9

Use

the relevant referencing system consistently throughout your assignment. Referencing can

vary across module units or each course so check which system you should use and follow the relevant formatting guidelines.

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10

Ask

6

your teacher or instructor for their feedback on any drafts you have written in advance of the deadline. Writing multiple drafts and implementing the feedback you receive can help to make you a better writer.

11

previous papers!

Double check

citations. Allow time to double check each of your citations before submission. This includes page numbers, publication dates, web links and authors' names.

12

Submit your final piece through Turnitin

Turnitin will check your work against other sources in the Turnitin database and use this information to generate an originality report.

Research and Writing Principles_Infographic_UK_EN_0621

Vol. 21, No. 22

Welcome to Semester 2

COUNSELLORS' CORNER

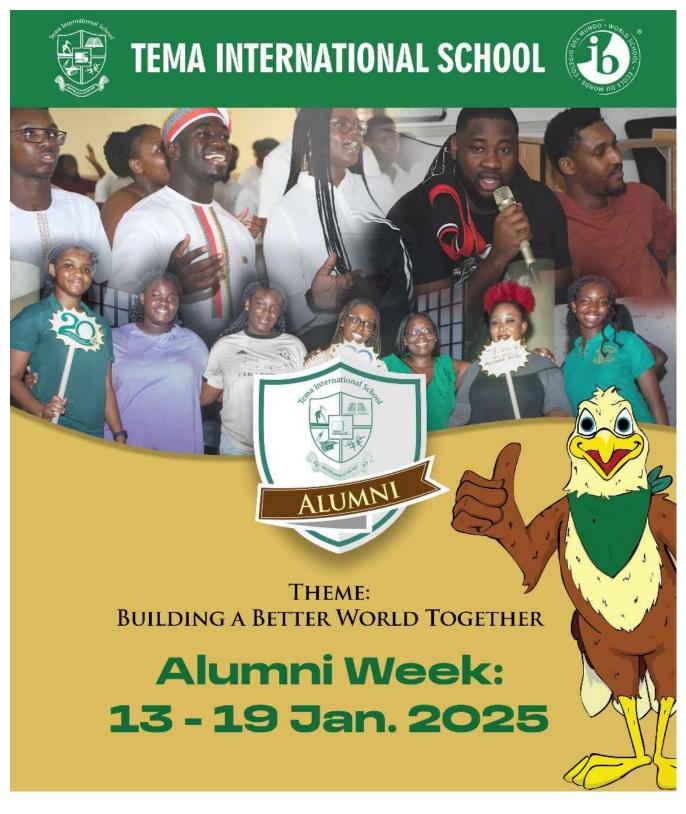


The excitement to begin a new school year, is the perfect step in the right direction. Dear Students, Akwaaba to another great year. 2025 Let's do this!



Helpful Tips to Start Well

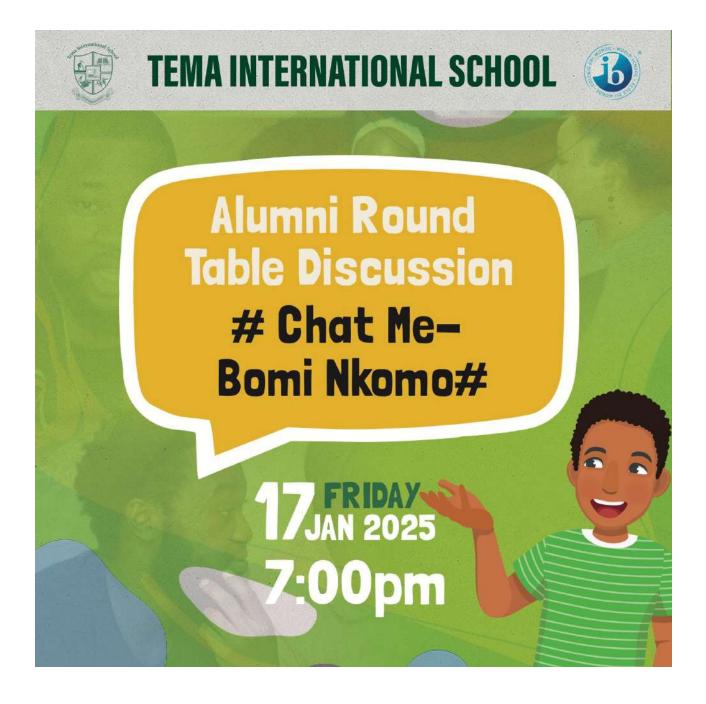
- ✓ Gratitude & Contentment
- ✓ Growth Mindset
- ✓ Empathy and Forgiveness
- ✓ Being True to yourself
- \checkmark Be the positive change you want to see
- ✓ Taking responsibility for your actions
- ✓ Staying committed to your moral values



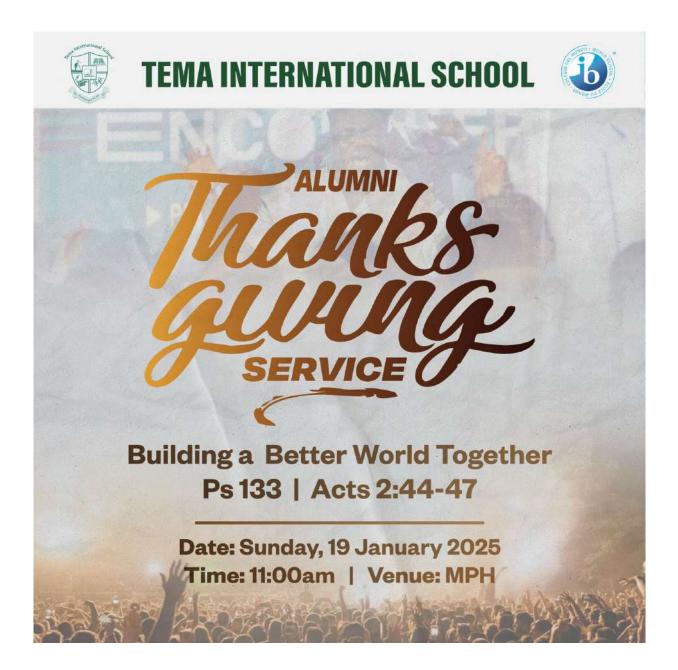
Watch out for an electrifying and sensational week of Alumni Celebrations!! See programme outline and flyers below:

Programme Outline for Alumni Week 2025

DATE	TIME	VENUE	ACTIVITY
Mon., 13 Jan.	8:00am	MPH	Official launch of the Week's Celebration at Morning
2025			Assembly- by Alumni, via videos, messages from alumni, short presentation on the theme
(DAY 1)			short presentation on the meme
Tues., 14 Jan.	2:00pm-	Virtual Sessions	G9 Guidance lesson with Alumni:
2025 (DAY 2)	3:00pm	(ZOOM)	Developing leadership skills, engaging in extracurricular activities, sports & how to make use of academic and non-academic support/resources available to them in the school. Academics Tips and Bits After School: CASSA Magic Team
Wed., 15 Jan.			G10 Guidance lesson with Alumni:
2025			Developing leadership skills, engaging in extracurricular activities, sports & how to make use of
(DAY 3)	3:00-	Virtual Sessions	academic and non-academic support/resources
	4:00pm	(ZOOM)	available to them in the school. Academics Tips and
			Bits After School: CASSA Magic Team
			Anter School, CASSA Magic Team
Thurs., 16 Jan.			
2025	2:00-3:00PM		DP2 Guidance lesson with Alumni:
(Derr 4)			Excelling in the final year of DP, University Life, Friends and Relationships, When Senioritis Set in.
(Day 4)			How do you go about it?Going the extra mile to get
	3:00-4:00pm	Virtual sessions	the best from your teachers for best results. Money
		(ZOOM)	Matters, Resume Building, Social Media Space,
			Culture Shock DP1 Guidance Lesson with Alumni
			University Applications what matters, Factors to
			consider Applying Early, Meeting Deadlines,
			Academics, Respecting Teachers to make the most out
			of high school grades, Owing the Application with one-on-one support <u>UniGuides</u> counsellors, Resume
			Building, Social Media Space, Culture Shock









Special Feature: The President of Calvin University Greg Elzinga Visits TIS with the International Admissions Counsellor Abigail

Zwart



TIS, your number 1 hot spot destination to connect to universities directly, welcomed such great personalities on 10 January 2025 in close interaction with the University Guides. Calvin University's visit was incredibly gratifying. To read more about Calvin University and it's academic successes, positive life transformation and impact of its alumni across the globe with it's President a proud alumna, just click <u>https://calvin.edu/</u>.

SCHORARSHIP Do you want Scholarships from Calvin University? Just Click: https://calvin.academicworks.com/ https://calvin.edu/financial-aid/types-aid/academic-scholarships





2025 TEST DATES



- ✓ SAT Registration Fee Beginning with August 24, 2024, the SAT registration fee is \$68, plus a \$43 international fee of \$ 111. Click here: <u>https://satsuite.collegeboard.org/sat/registration/international-testing/</u>
- ✓ Click here for more information <u>https://www.bestcolleges.com/test-prep/sat/registration/</u>.
- ✓ If having Troubles Registering contact **Aunty Portia** in person or by email at <u>portia.atubiga@tis.edu.gh</u>

Congratulations Nov.2 SAT test takers

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
Mar 8, 2025	Feb 16, 2025
May 3, 2025	April 13, 2025

DIGITAL SAT TEST DATES 2024/2025



Online payment only with Visa/credit card NEW;

ACCEPTABLE IDs ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO

GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD),

https://collegereadiness.collegeboard.org/sat/register/international/policiess

https://satsuite.collegeboard.org/sat/dates-deadlines



- ✓ ACT Registration Fees (Online payments only: Visit <u>www.actstudent.org</u>): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ Note: The cost of registration is subject to change.
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).

ACT^{*} TEST DATES 2024/2025 (COMPUTER-BASED TESTING ONLY!)

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
April 5, 2025	March 2 2025
June 14 2025	May 11 2025



Click: <u>https://global.act.org/content/global/en/products-and-</u> <u>services/the-act-non-us/registration.html</u>*to complete registration, payment must be made online in full with a credit card.



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member. As a TIS family member, I promise to uphold and demonstrate its values, and protect the reputation of the school. I make this pledge in the spirit of honour and trust."





