

TIS RECORD

P: +233 303305134 | E: info@tis.edu.gh | W: www.tis.edu.gh

At TIS,

we believe that service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.

Contents

- PYP News: Page 10
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Key Dates

- 19/10/24: ISSAG Football, Handball, Tennis, Badminton.
- 21/10/24: SEC University Fair @TIS (2.00-4.00pm)
- 22/10/24: G12 EE Cafe.
- 26/10/24: ACT

Thought for the Week

It's tough to be good at something you're not interested in. It's nearly impossible to be great at something you're not obsessed with.

- Shane Parrish



The Anxious Generation

"The Anxious Generation" by Jonathan Haidt is a valuable book for both parents and teenagers because it provides critical insights into the growing issue of anxiety in today's youth, offering practical strategies and fostering understanding between generations.

The rise in anxiety among teenagers is a pressing concern for parents and educators alike. The book tackles this issue head-on, helping readers understand the societal, technological, and psychological factors contributing to increased anxiety in today's youth. With the widespread use of social media, academic pressures, and the challenges posed by modern life, it's more important than ever to understand the root causes of anxiety.

The book doesn't just describe the problem—it offers actionable solutions. It provides parents with tools and strategies to support their anxious teens in a compassionate and effective way, while also equipping teenagers with techniques to manage their own anxiety.



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

Accounts

- When paying an amount in our school's account, always ensure you use the student's family name and student ID as the payment reference.
- Please email payment advices to: finance@tis.edu.gh

Visiting: Must Do

1. Do not bring too much food! Take home what is not consumed.
2. Park at the Main Entrance, (not at the Hostel Gate entrance).
3. Cancel your booking if you are not coming.
4. Only book once for a weekend.
5. No food is permitted through the Hostel Security Gate.

Reminders

- For visits until December 2024, parents will be required to book their visit online. Please go to: <https://www.schoolinterviews.com.au/code/cu7e3>
- Exeats are limited to a maximum of 8 per semester. Weekend exeats must be received by the preceding Wednesday. Online exeats can be found at: <https://www.tis.edu.gh/exeat-form>

2025/2026 Admissions

Admissions for the next academic year officially opened on 3 October 2024.

TIS Swimming Championships

The 2024 TIS Swimming Championships will be held on Sunday, 27 October, from 3.00 - 5.00pm at the TIS Sports Complex.

This event is open to competent swimmers at the Primary School and the Secondary School. A competent swimmer is defined as someone who can complete 25 metres in a designated swimming stroke without stopping and demonstrating good breathing, stroke and kicking technique.

Students wishing to enter must complete the online entry form by 20 October. The entry form can be accessed here:

<https://www.schoolinterviews.com.au/code/z7ytz>

No late entries will be accepted. Please advise me if there are any difficulties.

I appreciate your support. Enjoy each day as a blessing.

Dr Ken Darvall (Principal) principal@tis.edu.gh





Making US Proud

Chelina Mickson-Quarshie, Protocol Leader, and Ariella Berko, Assistant Protocol Leader, both Grade 6

PYP students, have done a fantastic job supervising and organising at the cafeteria, showing exceptional leadership and responsibility.

Reginald Danquah, a Grade 6 student and the Sports Leader, organises the play equipment after recess and reminds students to dress properly, showing great responsibility and leadership.

Congratulations TIS Football players who competed at Akosombo last Saturday: **Nyatefe, Ryan, Abdul Sallam, Paa Kwesi, Joseph, Naeem, Mark, Enam, Reyeis, John, Antonio, Lemuel, Papa, Jerome, Ambrose, Nabil, Moses Kanneh, Kweku, Richmond, Aseye, Nubuke, Bakhita, Louisa, Maame Appiah-Korang, Queen Victoria, Adelaide, Ann-Joelle, Jenevieve, Breindelle, Rayna-Lisa, Eliana, Nylah, Samuella, Oforiwa, Nadia, Mildred and Fiona.**

Jeffrey Boahen, Lesley-Anne Hyde and Ruby Paintsill for performing at the opening ceremony of TISMUN 2024.

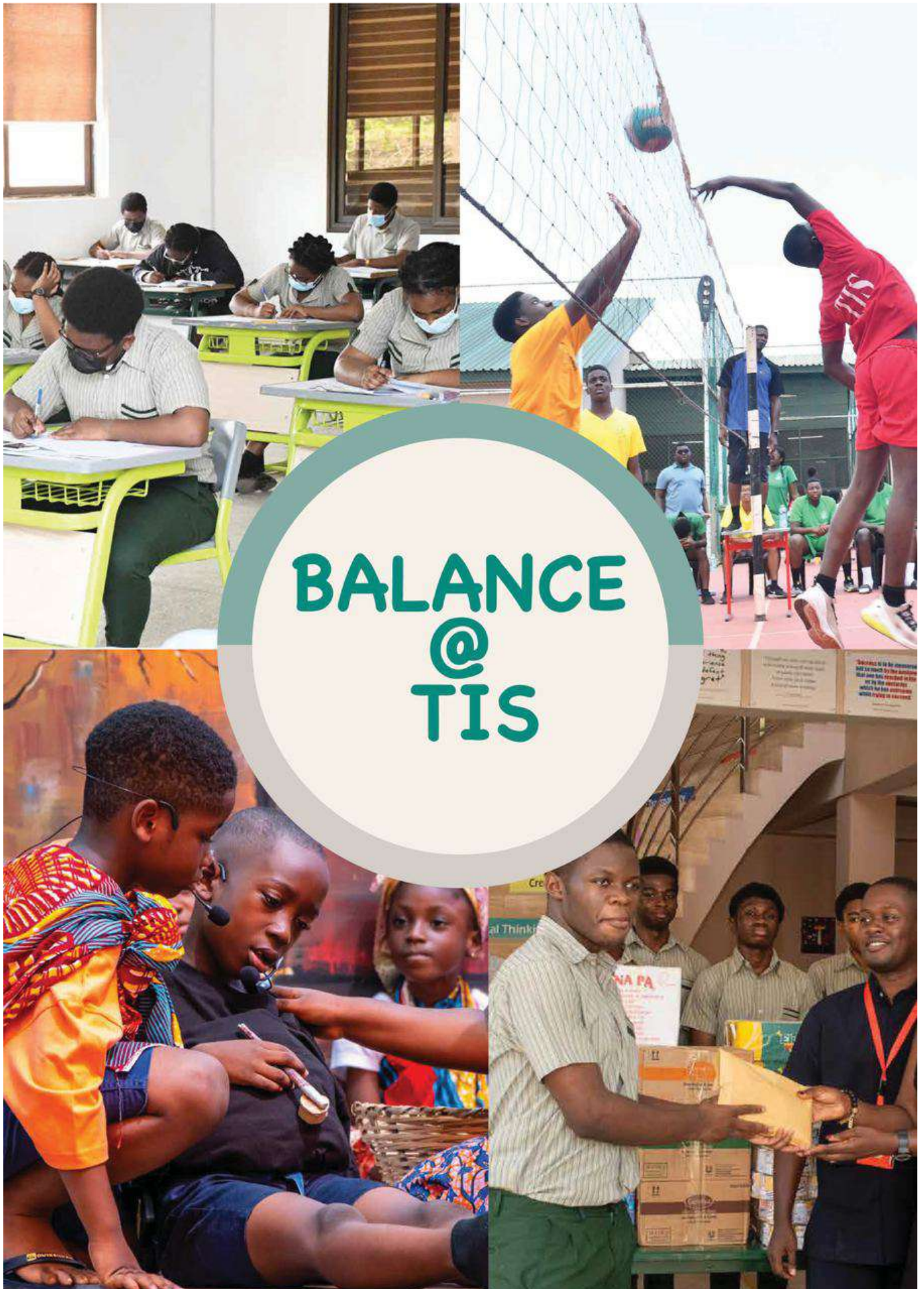
Making Us Proud

Special recognition for the creativity and bravery of the students who served as MCs and DJs during our events:

- **Sporty Family: Jenevieve (G12)**
- **The Zion Encounter: Alberta (G12) and Michael (G11)**
- **Founders' Day: Kwaku Opare (G10) and Betty Owusu (G11)**
- **The Blacklist: MCs: Ruby Paintsil and Mark Boadi (G11) - DJs: Mark (G11), Kasami, and Naeem (G12)**
- **Thanksgiving Service: Kelvin and Eunice (G12)**

Congratulations, TISMUN 2024 Secretariat, for a truly superb conference: **Nana Aisha Hussein, Bruhan-Deen Hussein, Kwaku Opare, Vitus-Kesse Anaab-Bisi, Evaristus Amarrh, Ezra Anim-Somuah, Joseph James, Terrie Tenge, Phebe Tweneboah, Tracy Adjei, Ninette Addom, Anne-Joelle Amey, Farah Agoro Kerim Dikeni, Allyson Achiampong, Maame Ekuba Bervell-Ackah, Adelaide Egbenya, Eunice Adubofour, Kayla Searyoh, Jenevieve Achemdey and Jennele Mac-Deh.** Also providing great assistance were: **Ann Gavor, Rayna-Lisa Obuobi, Ivy Adjovu, Esther Brenya, Bryana Tamakloe, Sylvia Ziniel, Ewurama Fynn, Nayra Asempa, Kelvin Ansong, Blessed Quashie, Matthew Akafo, Eleazar Mantey and Emmanuel Egyei-Mensah.**





Main Campus Information



EXEATS

Exeats for secondary school students cover passport and visa matters, family events, as well as medical, dental, optical and medical appointments.

Students are allowed a maximum of 8 days per semester. Note: A weekend exeat that commences on Friday and ends on Sunday counts as three days.

For a weekend exeat, students must return by 5.00pm on the Sunday.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted during the last week before a semester break.

Parents/Drivers must show the approved exeat from their phone to security to enter. (NO SHOW. NO GO.)

Access the general exeat form from here: <https://www.tis.edu.gh/exeat-form/>

Families should plan their exeat requests carefully to avoid any disappointment.

VISITING

For visits until December 2024, parents will be required to book their visit online. Please go to: <https://www.schoolinterviews.com.au/code/cu7e3>

Complete your details and click next to select your day and time. Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays. Sessions are 60 minutes.

There are restrictions on food and/or drink that may be consumed during a visit.

Book early to avoid disappointment.

TIS 2024/25 School Calendar

August 2024						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024						
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29	30					

October 2024						
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27	28	29	30	31		

November 2024						
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24	25	26	27	28	29	30

December 2024						
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22	23	24	25	26	27	28
29	30	31				

January 2025						
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February 2025						
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23	24	25	26	27	28	

March 2025						
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30	31					







April 2025						
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May 2025						
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June 2025						
Su	Mo	Tu	We	Th	Fr	Sa
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29	30					

July 2025						
Su	Mo	Tu	We	Th	Fr	Sa
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20	21	22	23	24	25	26
27	28	29	30	31		

COLOUR KEY

	School Closed/ Holidays		Teacher in-Service Day (no school for students)
	Main Campus Event		First and Last Day of School (Main Campus)
	Primary Campus Event		First and Last Day of School (Primary Campus)

NOTE: All dates/activities are current as of the date of publication and may be subject to change.

SECONDARY SCHOOL CAMPUS**Public Holidays**

4/8/24	Founders' Day
21/9/24	Kwame Nkrumah Memorial Day
6/12/24	Farmers' Day
7/1/25	Constitution Day
6/3/25	Independence Day
31/3/25	Eid Al Fitr (TBC)
18/4/25	Good Friday
20/4/25	Easter Monday
1/5/25	Labour Day

S1 Internal Dates: Main Campus

1/8/24	2024 MYP Results Released; 2024 MYP Enquiries Upon Results Open
1/8/24	Senior management staff resume
6/8/24	Teachers resume; review of school policies
12/8/24	Student Council executives return
14/8/24	Newbies arrive
16/8/24	Personal Project: Criterion B draft due
18/8/24	Continuing students resume
19/8/24	Secondary School classes commence; G9&11 Subject Selection
23/8/24	TIS Junior Soccer Championships
24/8/24	SAT
25/8/24	School Performance auditions
30/8/24	TIS Senior Soccer Championships
1/9/24	Thanksgiving Service (11.00am) NO EXEATS
7/9/24	TIS Tennis Championships/TIS Badminton Championships; HIBS Africa.
13/9/24	PP Criterion B final due
14/9/24	ACT; MYP & DP Parents Information sessions. NO EXEATS (Until after these sessions)
20/9/24	DP Geography Excursion
21/9/24	TIS Sporty Family. NO EXEATS (Until after midday)
24-25/9/24	DP Evaluation Visit
28/9/24	TIS Handball Championships
29/9-6/10/24	21 st Anniversary TIS Spirit Week. NO EXEATS
3/10/24	TIS Founders' Day. Main Campus admissions open for 2025/2026
5/10/24	SAT;
6/10/24	21 st Anniversary Thanksgiving Service. NO EXEATS until after 1.00pm)
6-8/10/24	Dukies Camp (Bronze, Silver and Gold). Departs 7.00am
7-11/10/24	Mid-semester break
10-12/10/24	TIS MUN
12/10/24	ISSAG Football
13/10/24	Students return to hostels
14/10/24	G9/G11 Changes to Subject Selections close; DP Geography Data Excursion
18/10/24	DP Geography Data Excursion (TBC)
19/10/24	ISSAG Football, Handball, Tennis and Badminton.
20/10/24	PP: Criterion C draft due
21/10/24	Student Council (SC) shadowing process commences; SEC Universities Fair (2.00-4.00pm)
22/10/24	G12 EE Café
23/10/24	Girls Volleyball Championships (during ASA)
24/10/24	Boys Volleyball Championships (during ASA)
26/10/24	ACT; PSAT
27/10/24	TIS swimming championships (3.00 – 5.00pm)
2/11/24	SAT
9/11/24	Annual Production NO EXEATS
12-13/11/24	Collaborative Sciences Project – G12;
16/11/24	ISSAG Volleyball, Swimming and Table Tennis
20-26/11/24	G10 end of semester eAssessments (Reports due 9/12/24)
20-29/11/24	G11-12 end of semester exams (Reports due 10/12/24)
29/11/24	PP Criterion C completion;
1/12/24	SC applications open for 2024 elections
2/12/24	Christmas Lunch
4/12/24	Last day for the first semester: Students may depart after 3-Way interviews.
10/12/24	PP Final Report due: photo evidence & bibliography upload
11/12/24	Last day for teachers

S2

9-10/1/25	Staff training days
12/1/25	Students return to hostels; applications for 2024 SC positions close
13/1/25	Second semester commences.
13-19/1/25	Alumni Homecoming Week
18/1/25	TIS Athletics Championships. NO EXEATS BEFORE 1.00PM
19/1/25	Alumni Thanksgiving Service
20/1/25	SC Manifesto Readings
22/1/25	2023 Student Council elections by voting (7.00am-4.00pm)
25/1/25	ISSAG Basketball and Hockey.
29-31/1/25	IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day
1/2/25	SC Leadership Camp NO EXEATS FOR SCHOOL LEADERS ; ISSAG Basketball Day 2
2/2/25	Student Leadership Induction Ceremony NO EXEATS
8/2/25	TIS STEM Fair. NO EXEATS
10-14/2/25	MYP Mock eAssessments NO G10 EXEATS
13/2/25	G11 TOK Exhibition. NO G11 EXEATS
14-15/2/25	TIS Squash Championships;
15/2/25	Chocolate Friendship Day
17-28/2/25	DP Mocks. NO G12 EXEATS
22/2/25	ISSAG Athletics
26/2/25	PP standardisation and moderation (teachers)
1/3/25	MYP Projects (Personal & Community) NO EXEATS (until after this session)
8-9/3/25	DP Geography Field Trip
14/3/25	Pi Day; PYP/MYP Info Day at Main Campus
15/3/25	Expression Day NO EXEATS (until after the event)
20-30/3/25	Mid-semester break
21/3/25	PP:Academic Honesty First Record
23-25/3/25	Dukies Bronze & Silver expedition camp
31/3/25	PP Criterion A draft due; Draft 2025/2026 Calendar Overview Released
5/4/25	ACT
7/4/25	G12 Grad photos (All day). NO G12 EXEATS
13/4/25	Exam Candidates' Service NO EXEATS
17-21/4/25	Easter break
21/4/25	MYP5->DP1 info session; PP Criterion A draft due
23/4-16/5/25	DP Final Exams
3/5/25	SAT
5/5/25	PP Criterion A final due
5 – 16/5/25	MYP eAssessments
17/5/25	Leavers' Dinner
19-30/5/25	G11 semester exams; G10 classes resume (compulsory attendance).
23-29/5/25	G9 eAssessments
30/5/25	MYP4 (2025/2026) subject selections
7/6/25	2025 Annual Achievement and Graduation Ceremony; Last day for Secondary Classes
13/6/25	Last day for teachers; S2 reports published.
9-12/6/25	Dukies' (Bronze, Silver and Gold Levels) Expedition Camp
14/6/25	ACT
21/6/25	France/Spain trips commence
12/7/25	France/Spain trips end
26/7/25	PP: Final Product (Photo evidence upload)

PRIMARY SCHOOL CAMPUS

Public Holidays

4/8/24	Founders' Day
21/9/24	Kwame Nkrumah Memorial Day
7/12/24	Farmers' Day
7/1/25	Constitution Day
6/3/25	Independence Day
31/3/25	Eid Al Fitr (TBC)
18/4/25	Good Friday
20/4/25	Easter Monday
1/5/25	Labour Day

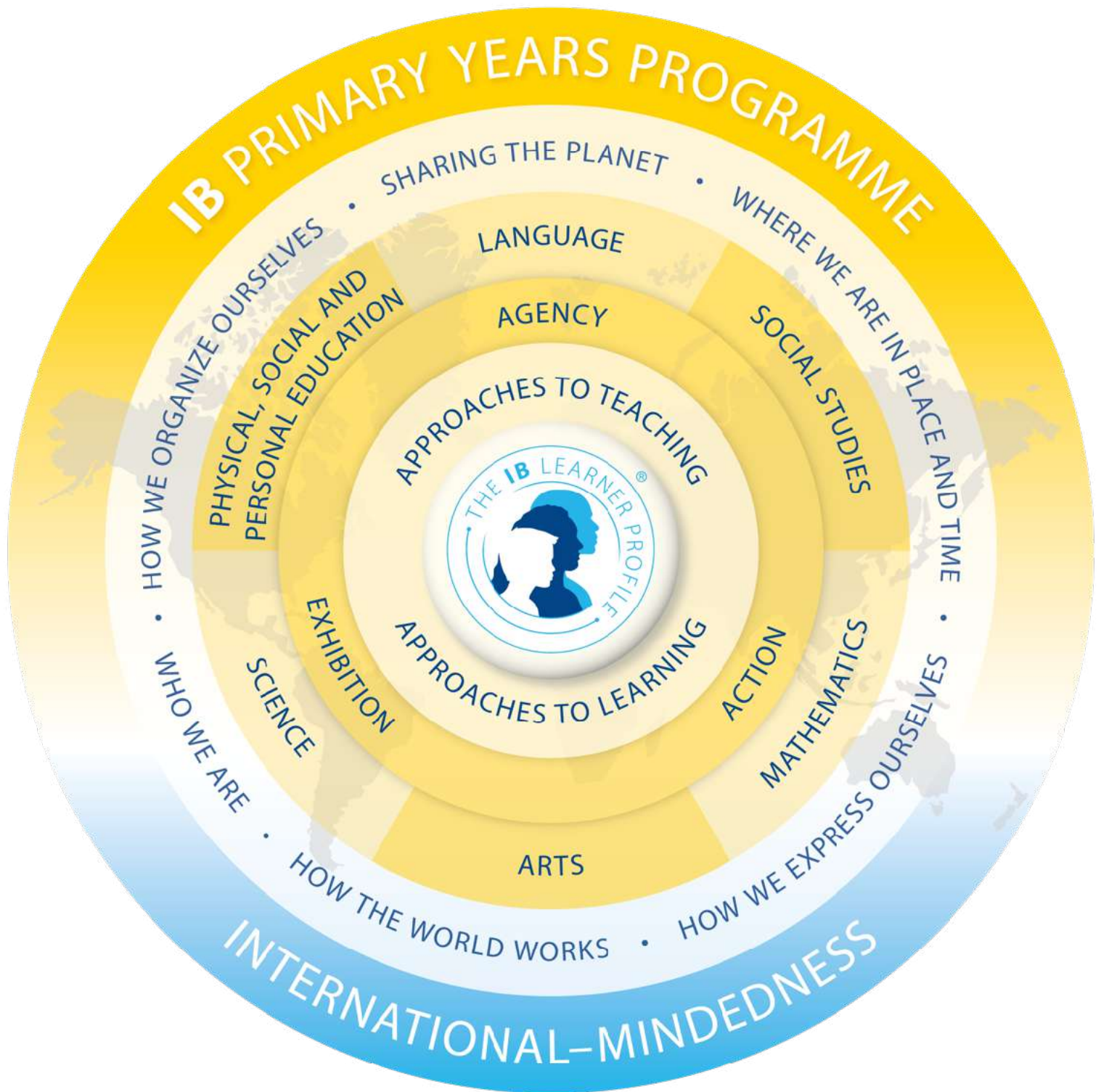
S1 Internal Dates (Primary School Campus)

7/8/24	Staff prep commences
16/8/24	Meet the teacher session (1.30pm)
19/8/24	First semester commences
7/9/24	Parents Training Session
20/9/24	Sign Language Day
20/9/24	End of UOI #1 3WI
7-11/10/24	Mid-semester break
1/11/24	End of UOI #2 Celebrations
11/11/24	Book Day
29/11/24	End of UOI #3 3WI
29/11/24	Last day for teachers

S2

9-10/1/25	Staff Training Days
14/2/25	End of UOI #4 3WI
14/2/25	Celebrating Additional Languages
14/3/25	PYP/MYP Info Day at Main Campus
21/3/25	Mother Tongue Day (Celebrating Culture)
21/3/25	End of UOI #5 Celebrations
23/3-2/4/25	Mid-semester break
19/4/25	Spelling Bee
16/5/25	PYP Exhibition (Sports Picnic)
23/5/25	End of UOI #6 3WI
31/5/25	2024 Achievers and Graduation Ceremony/VAX
6/6/25	Last day for teachers; S2 reports published

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🎉 TIS Primary Campus Celebrates 5th Anniversary in Style! 🎉

Tema International School Primary Campus celebrated its 5th anniversary with a week of exciting activities, running from Saturday, 21 September, to Sunday, 6 October 2024. The celebration brought together students, staff, and families to honour the school's journey and the vibrant community that has flourished over the years.

The celebrations began on **Saturday, 21 September**, with a lively **Sporty Family Day** at the main campus. Students, staff, and parents from both the primary and secondary campuses gathered to participate in various sporting events, with each participant proudly representing their team colours: Red (Kigelia), Blue (Cedar), Yellow (Outeniqua), or Green (Wisteria). After a fun-filled day of friendly competition, **Team Blue** emerged victorious as the overall winner of the event.



Primary students in action at Sporty Family Day

On **Monday, 30 September**, the official **5-Year Anniversary Celebration** was launched with a grand ceremony. The **Founding Family**, the **Principal**, an **Alumnus** from the first graduating class of the secondary school, and a **Guest Speaker** attended the event.

Students dressed in their formal school uniforms with stylish personal touches to mark the special occasion. The ceremony began with an enchanting **saxophone prelude** by **Alfred Anim**, followed by a stunning **violin performance** by **Michal Annan**, both captivating the audience with their exceptional talent. The program continued with an **opening prayer** and inspiring speeches from the Founding Family, the Alumnus, and the Guest Speaker. Alumni students then took the stage to share their cherished memories at the Primary School.



Founding Family, guest speakers, and students at the Anniversary Launch

During the celebration, alumni students eagerly shared their cherished memories from their time at the Primary School. They recalled favourite teachers, friendships that have lasted over the years, and the valuable lessons learned inside and outside the classroom. Whether it was a special project, a memorable school trip, or simply the joy of playing on the playground, their stories highlighted the strong sense of community and the school's positive impact on shaping their early years. These heartfelt recollections served as a testament to the lasting influence of the Primary School on their lives.



Alumni students sharing their cherished memories at the Primary School.

The celebration gained momentum on **Tuesday, 1 October**, with the much-anticipated **Superhero and Movie Day**. Students arrived in vibrant costumes, proudly dressed as their favourite superheroes, from classic comic book characters to more modern movie icons. Their enthusiasm and creativity were on full display, with each outfit reflecting a personal connection to the hero they admired. The energy was electric as the entire school embraced the fun-filled theme, creating an atmosphere of excitement and adventure. Throughout the day, students gathered in groups to watch a variety of movies, carefully selected to entertain and inspire. These shared experiences fostered a strong sense of community, as students laughed together, cheered for their favourite characters, and bonded over the stories on screen. The combination of imaginative costumes and the joy of watching films together made Superhero and Movie Day a memorable and engaging part of the celebration, leaving lasting smiles on everyone's faces.



Students dressed as their favourite superheroes.



Students dressed as their favourite superheroes

On **Wednesday, 2 October**, the school held a **Talent Show Day**, featuring a special visit from Alumni. Students dressed in costumes representing the talents they wanted to showcase, from musicians and dancers to visual artists and professionals like doctors. The day's highlight was a vibrant assembly where students displayed their unique talents. Notable performances included **Jovanny**, who wowed the audience by expertly mimicking various superheroes, and **Michal Annan**, who delivered a beautiful violin solo. **Isabella** and **Nana Yaa** impressed with their visual art pieces, while **Kwame** and **Alfred Anim** showcased their saxophone skills.



Students showcasing their talents.

The **Grade 7 Alumni Band** also performed, adding a captivating musical performance to the day's excitement. Students such as Xu Jinpeng, Sefakor Edze, and Paa Kow Oppan also delighted the audience with their vocal talents, leaving everyone in awe.



The week-long celebration was a remarkable showcase of the growth, talent, and vibrant spirit that has characterised **Tema International School Primary Campus** over the past five years.

Celebration of Diversity on 3 October

On **Thursday, 3 October**, Tema International School Primary Campus, in collaboration with the secondary school, held a vibrant **Celebration of Diversity** as part of the ongoing 5th anniversary festivities. The event highlighted the cultural richness within the school community, with students and staff dressed in traditional attire representing various countries from around the world.

The colourful display of international outfits showcased the diverse backgrounds and heritage of the students, fostering a spirit of inclusivity and global citizenship. From African prints to Asian, European, and Latin American traditional clothing, the event was a lively celebration of unity in diversity, featuring cultural performances, music, and presentations that allowed students to learn more about the customs and traditions of different nations. The collaboration with the secondary school added to the event's grandeur, creating a shared experience that brought both campuses together in a meaningful celebration of global diversity.



Students beautifully dressed in their international attire.

On **Friday, 4 October**, Tema International School Primary Campus hosted **Teachers Drip Day** as part of its 5th anniversary celebrations. This unique event allowed students to express their admiration and appreciation for their teachers in a fun and creative way by dressing up like their favourite teachers.

The day was filled with excitement as students arrived at school in outfits mirroring their chosen teachers, complete with signature looks and styles. This playful celebration created a joyous atmosphere, highlighting the strong connections between students and their mentors. As students posed for photos and shared stories about their favourite teachers, the event reinforced the importance of mentorship and the lasting impact teachers have on their students' lives.

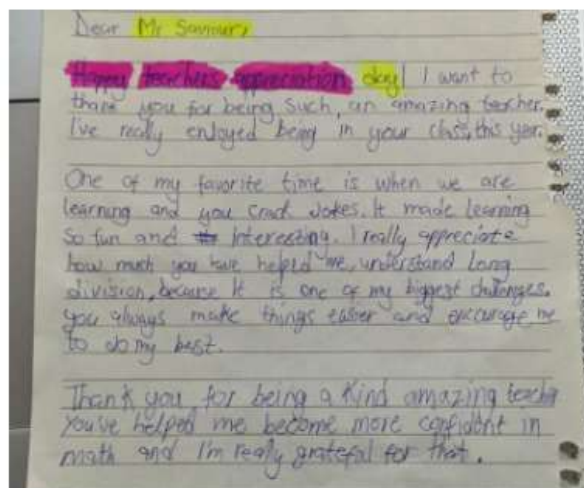
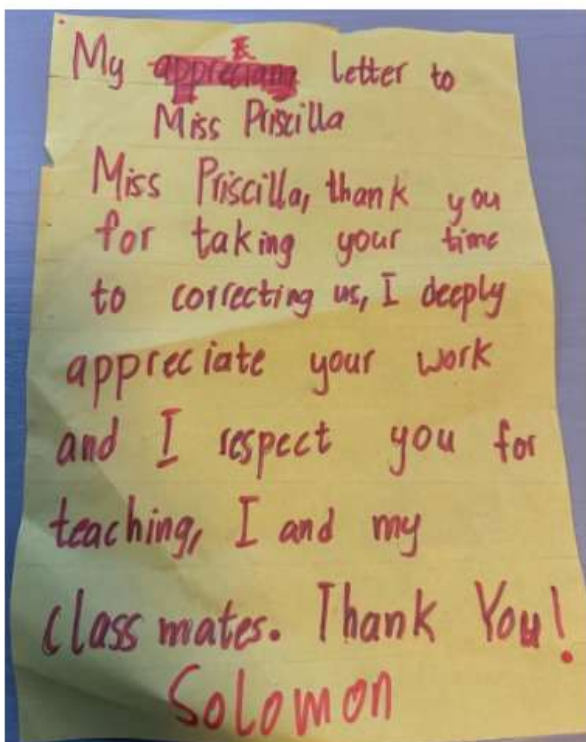
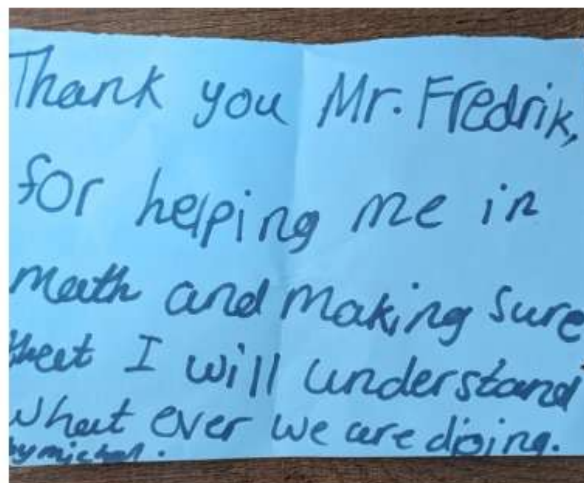
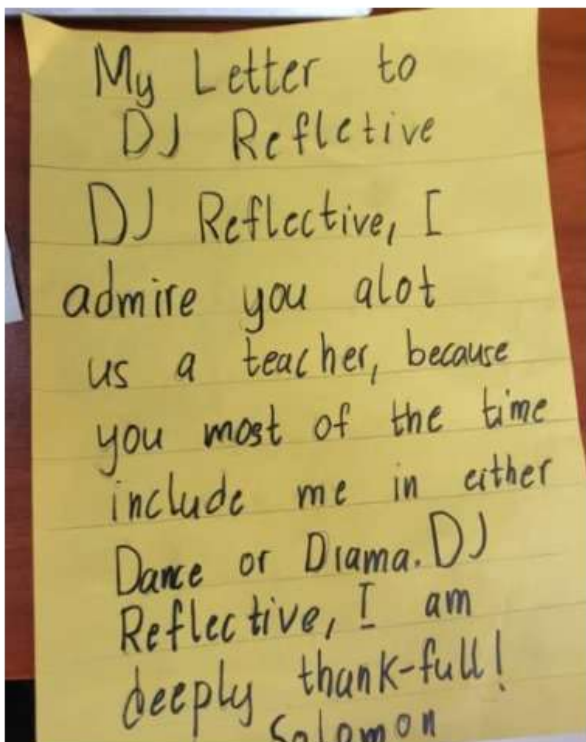


Students sharing their thoughts about their favourite teachers.



Our cherished primary students sharing their thoughts about their favourite teachers.

In a heartwarming gesture, students wrote open letters to their favourite teachers, expressing gratitude and sharing how their educators had positively impacted their lives. These letters, filled with personal reflections and appreciation, highlighted the deep connections between students and their mentors. At the assembly, students also participated in a "My Teacher Once Said" game, sharing fond statements and memorable quotes from their favourite teachers, further celebrating the influence of these remarkable individuals.



Teachers Drip Day was a memorable celebration of the deep respect and admiration students hold for their teachers, adding a personal and heartfelt touch to the anniversary week.

The 5th anniversary celebrations at Tema International School Primary Campus were a resounding success, filled with joy and community spirit. Emphasising the theme, “We Are One,” students, teachers, and families came together for spirited activities, from Sporty Family Day to heartfelt letters for beloved teachers, creating meaningful connections and celebrating the school’s achievements.





TEMA INTERNATIONAL SCHOOL CULTURE



At TIS, we believe that culture, as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



EDUCATION FOR A BETTER WORLD

PACKAGES FOR BIRTHDAYS & VISITING

Items Allowed

- ✓ **Muffins/Cupcakes**
- ✓ **Finger Foods** (Chicken Pieces, Pizzas, Spring Rolls, Khebabs & Samosas)
- ✓ **Soft Drinks & Fruit Juices**
- ✓ **Non-Alcoholic Wine**

Not Allowed

- ✗ **Cakes with icing**
- ✗ **Cooked food except those listed above**
- ✗ **Alcoholic Drinks/ Beverages**



All left over food must be sent home

- **Visiting Days - Saturdays & Sundays**
- **Visiting Time - 2:00 PM - 5:00 PM**
(Visits must be booked online, as per the TIS Bulletin)

PLEASE NOTE:

- ➔ Birthday items must be approved by the Hostel Coordinator before they can be delivered on only
 - Fridays, 4:00 PM - 6:00 PM
 - Saturdays & Sundays, 12:00 PM - 5:00 PM
- ➔ All food items will be inspected by a hostel parent and security officers at the hostel gate.
- ➔ All food items not listed will be returned.

For clarification, contact the hostel parent/ security on duty.

COUNSELLORS' CORNER



**Success does not come from what you do occasionally,
But what you do consistently. -Marie Forleo-**

Dear students, keep being consistent.




Consistency is the key to success, whether professional or personal. Yet, knowing something in theory and succeeding at it in practice is very different. When our daily lives are filled with distractions and different priorities, it can be difficult to stay on top of things and remain consistent. Click here to follow these quick tips on consistency <https://www.spica.com/blog/how-to-be-consistent>



Yes They Were Here! University Walk-In Visits

We were thrilled to have these unique in-person visits. Grade 9- 12 students were excited to engage and connect!

Name of University	Name of Representative and Email Address	Click on the Link for more Information	 Financial Aid Packages and Scholarships!
Hult Business School	Amaka Nsude amaka.nsude@hult.edu	https://www.hult.edu/	https://www.hult.edu/undergraduate/admissions/scholarships/
University of Toronto	Ntami Abraham ntami.abraham@utoronto.ca	https://www.utoronto.ca/	https://future.utoronto.ca/finances/awards/
University of British Columbia	Dev Odhiambo Apiyo dev.apiyo@ubc.ca	https://www.ubc.ca/	https://you.ubc.ca/financial-planning/scholarships-awards-international-students/international-scholars/
The University of Memphis	Rebecca Laumann riaumann@memphis.edu	https://www.memphis.edu/	https://www.memphis.edu/financialaid/



Check Out More Detailed Scholarship Packages from US schools and the University of Johannesburg (JU) on ManageBac.

- ✓ Indiana University-Merit based scholarship and 1 full ride scholarships
- ✓ Rollins University- Merit Based and 10 full rides scholarships etc..

University Walk-In Visits : University of Toronto & University of British Columbia



Hult Business School

The University of Memphis

PSAT (Grade 10 & 11 Test Takers) for October 2024



**PSAT/
NMSQT®**

 **CollegeBoard**

 **NATIONAL MERIT
SCHOLARSHIP CORPORATION**

- ✓ All registered students should kindly bring their Ghana Card or valid Passport to the PSAT Coordinator, Auntie Eyrām
- ✓ For any information or clarification, kindly reach out to the PSAT Coordinator eyram.mahoney@tis.edu.gh



2024-2025 TEST DATES



Want to Register for SAT But Don't Know How? Follow the Links!

- ✓ <https://satsuite.collegeboard.org/sat/registration>
- ✓ SAT Registration Fee Beginning with **August 24, 2024, the SAT registration fee is \$68, plus a \$43 international fee of \$ 111.** Click here: <https://satsuite.collegeboard.org/sat/registration/international-testing/>
- ✓ Click here for more information <https://www.bestcolleges.com/test-prep/sat/registration/>. If having Troubles Registering contact **Aunty Portia** in person or by email at portia.atubiga@tis.edu.gh

DIGITAL SAT TEST DATES 2024/2025

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
Aug. 24, 2024	Aug 4, 2024
Oct. 5, 2024	Sept 15, 2024
Nov. 2, 2024	Oct 13, 2024
Mar 8, 2025	Feb 16, 2025
May 3, 2025	April 13, 2025



Online payment only with Visa/credit card **NEW**;
ACCEPTABLE IDs ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO
GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD),
<https://collegereadiness.collegeboard.org/sat/register/international/policies>

<https://satsuite.collegeboard.org/sat/dates-deadlines>



2024/2025 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit www.actstudent.org): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ **Note: The cost of registration is subject to change.**
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).



TEST DATES 2024/2025 (COMPUTER-BASED TESTING ONLY!)

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
Sept 14, 2024	Aug 11, 2024
Oct 26, 2024	Sept 22, 2024
April 5, 2025	March 2 2025
June 14 2025	May 11 2025

Register

Click: <https://global.act.org/content/global/en/products-and-services/the-act-non-us/registration.html>*to complete registration, payment must be made online in full with a credit card.



TEMA INTERNATIONAL SCHOOL ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD



Ten tips for acting with integrity

Always act with honesty and in a responsible and ethical manner—being conscious of the influence that you have on those around you can set a great example to others.



Familiarise yourself with the school's rules and ensure that you understand what academic integrity means and consists of.

Don't try to gain an **unfair** advantage in coursework, mock examinations, or assessments by copying someone else's answers or using a mobile phone during an exam, for example.



Always reference and cite other people's work that you have used in your essays—be **proud** of explaining that you understood someone else's ideas and thought that they were good. **Seek help** if you are struggling or are not sure of expectations.

Stand up for what is **right**—alert a member of staff at your school if you suspect that someone has cheated.



Learn to **accept** your strengths and weaknesses and do the best that you can.

Take responsibility for your own actions and their consequences.



Know how to **safely collaborate** and share work when using social media and digital collaborative platforms.

Be mindful of maintaining academic integrity during group work/projects and keep track of what each group member is contributing.



Try to **overcome procrastination**. Managing your time wisely will reduce stress-induced, last-minute work which increases the likelihood of cheating.










The MYP Core Elements: **Service as Action**



Service as Action allows students to connect their classroom learning with real-life issues, making a positive impact on their community. Although not graded through formal assessments (but a requirement in the MYP), students' growth is measured by how well they achieve the *seven (7) learning outcomes* through various experiences and projects.

These learning outcomes are:

-  Becoming more aware of their strengths and areas for growth
-  Considering the ethical implications of their actions
-  Developing international-mindedness through global engagement and intercultural understanding
-  Discussing, evaluating, and planning student-led activities
-  Persevering in action
-  Undertaking challenges that develop new skills
-  Working collaboratively with others.

There is a myriad of avenues for students to participate in Service as Action in TIS, including:

Student Leadership: Taking on roles such as class representative or other leadership positions within the school.

Classroom Unit: Applying classroom learning, such as calculating the area of designated location on campus, e.g. football pitch, MPH, etc. (Math) or organising a forum on conflict resolution (History), to real-world contexts.

UN Sustainable Development Goals: Addressing SDGs, such as designing First Aid posters for a local school to promote Good Health & Wellbeing, and Quality Education; SDG 3 and SDG 4 respectively.

Peer Buddy/Peer Tutoring: Volunteering to tutor classmates or participating in the well-being team.

School Assembly: Speaking on social issues that are relevant to the school community, such as presenting on eating disorders during school assembly.

TIS School Bulletin: Contributing articles that reflect on social issues or personal experiences, providing insights for the school community.

After-School Activities (ASA): Joining clubs like Interact, MUN, Garden Club, STEM Club or a Sport Club especially those with a service component.

International Days: Taking Action on special occasions like World Autism Day or Breast Cancer Awareness Month.

NGO Partnerships: Collaborating with NGOs to support their causes and fulfill the Service as Action requirements.

Service as Action offers students numerous opportunities to connect learning with service, helping them grow into responsible and caring global citizens.



DP GEOGRAPHY TRIP TO CHORKOR AND KWAME NKRUMAH MUSEUM PARK

As we walked through Chorkor's narrow, winding alleys, the salty sea breeze mingled with the pungent odour of fish and the less pleasant scent of open sewers. Our geography field trip to this coastal fishing settlement in the Ablekuma South Metropolitan Assembly was an eye-opening experience that challenged our preconceptions and touched our hearts. The first thing that struck us was the stark contrast between the vibrant community life and the obvious infrastructural challenges. Children played happily in the streets, their laughter a counterpoint to the crumbling walls and makeshift shelters surrounding them. Women worked tirelessly, smoking fish in their industry, which is a testament to human resilience in adversity.



Figure 1: Interaction with the people of Chorkor

“Going on this geography trip opened my mind in ways I didn’t expect. It made me realise that I had been closed-minded, unaware of what was happening around me, and only familiar with the more beautiful parts of Ghana. During the trip, our first stop was Chorkor, a fishing village in Accra. The people in the community were incredibly welcoming and

friendly, but the environment surrounding them left me feeling devastated—there was waste everywhere.” – a Grade 12 female student.

The housing situation in Chorkor was particularly poignant. Informal structures, often little more than corrugated iron and wood assemblages, stood in defiance of the elements and urban planning regulations. It was a vivid reminder of the housing crisis facing many rapidly urbanising areas in developing countries. Sanitation issues were impossible to ignore. Open drains clogged with refuse and lack of proper waste management systems posed health risks. This highlights the complex interplay between individual actions and systemic issues in urban environments. While facing its own environmental and economic challenges, the fishing industry provided a backbone to the local economy. The sight of fishermen mending their nets, boats lined up on the shore, and women processing the day's catch spoke to a way of life that has endured for generations.

As we concluded our visit to Chorkor, we grappled with mixed emotions. This visit reinforced for us the importance of sustainable urban development and the need for holistic approaches to addressing urban poverty.

We continued our trip to the Kwame Nkrumah Museum Park. The museum, dedicated to Ghana's first prime minister and president, offered a profound journey through the country's struggle for independence and its early years as a sovereign nation.



Figure 2: Students at the beach of Chorkor

The museum's carefully curated exhibits vividly depicted Nkrumah's life and Ghana's journey to independence. Personal artefacts, photographs, and documents brought to life the story of a man who rose from humble beginnings to become a pivotal figure in African history. As geography students, we were particularly interested in how Nkrumah's policies shaped Ghana's physical and social landscape.



Figure 3: Students with the Assemblyman of Chorkor

As we explored the museum, we were fascinated by the exhibits detailing Nkrumah's ambitious development projects. The Akosombo Dam and the creation of Lake Volta stood out as examples of how political vision can reshape a country's geography. It made us reflect on the complex interplay between political ideologies, economic development, and environmental change.

This visit to the Kwame Nkrumah Museum was more than just a historical tour; it was a journey that connected Ghana's past to its present and future. As geography students, it challenged us to think about how political ideologies, economic policies, and social movements shape the physical and cultural landscapes of a nation.



“The area gave us a first-hand experience of the environment people in lower-class settlements live in. This makes me appreciate the troubles and perspectives of people who live in such areas more.”- a Grade 11 male student

Figure 4: Briefing at Kwame Nkrumah Museum Park

*“One key aspect that captured my attention was Kwame Nkrumah’s numerous achievements, especially his efforts to make Ghana a better nation.”
– a Grade 11 male student.*



Figure 5: Grade 11 students



Figure 6: Grade 12 students



TEMA INTERNATIONAL SCHOOL SPORT



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork challenges personal best and emphasises the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD

CAS-SA Corner

A Community of Gratitude: Well Wishes for TIS's 21st Anniversary



As we look back on the joyous celebration of Tema International School's 21st Anniversary, we are filled with pride and gratitude for the incredible journey we've shared as a community. This milestone is a testament to the dedication, vision, and collective efforts of our founders, staff, students, parents, and partners, who have all played a vital role in shaping the TIS we know today. In honour of this significant occasion, we received an outpouring of heartfelt well-wishes from members of our community. These messages reflect on our school's rich legacy, the remarkable progress we've made, and the exciting future that lies ahead.

Below are some of the inspiring words shared, celebrating our past, present, and future as we continue to grow together.

Tema International School @21 - Hip, Hip, Hip, Hurray!!!

*On this joyous occasion, I, **Dr. Mrs. Sylvia Awo Mansah Boye**, the founding chairperson of the school, fondly remember our humble beginnings with deep gratitude to God for His grace and mercy, which have been poured upon Tema International School. I pray for God's continued gracious support as we grow and uphold our vision of "Building a Better World Together." **Message from Dr. (Mrs) Sylvia Boye***

*"Congratulations, TIS, on your coming of age. Thank you, Mummy, Cecilia, Frances, and Anthony, for the inspiration you have provided us through the Founders' and Founding Family's vision and values. We are grateful for being a member of this auspicious TIS Family." **Dr Ken Darvall, Principal.***

*Happy anniversary to TIS, both primary and secondary. I wish TIS success, and may it grow bigger and bigger. Proud to be part of the anniversary. **FELICIDADES! Akosua Boatemaa (Staff, Language Acquisition)***

We have come this far by faith and believing that we can achieve everything we put our minds to. We pray for more successful years ahead. Long live the TIS community and the founding family." **Prosper Edem Fiebor (Staff, Arts)**

Starting the Primary School within the first 20 years of TIS was a true endorsement of TIS as a provider of authentic world-class education. Seeing the Primary School grow to what it is now five years on has been the litmus test of that endorsement. The Primary School has made all members of TIS so proud. Well done, TIS Primary School, well done to pioneer PYP staff and students and all current staff. HAPPY 21ST ANNIVERSARY SECONDARY SCHOOL, CONGRATULATIONS PRIMARY SCHOOL and HAPPY 5TH ANNIVERSARY!!! **Yvonne Tagoe (Staff, MYPC & Mathematics)**

Being a staff member of TIS has been a wonderful experience. TIS has contributed greatly to my professional career. I am proud to be part of the team to celebrate its 21st birthday. I encourage everyone to redouble their efforts in maintaining the standard set for future generations to use TIS as the model IB school in West Africa. Ayekoo, TIS! **Edward Kumah-Noi (HOD, Teacher I&S)**

Happy 21st Anniversary, TIS! Hurray! We can't believe it's already been 21 years of inspiring young minds and building a wonderful family. As hostel parents, we are proud to be part of this amazing journey. Watching our students grow, share laughter, and support each other fills our hearts with joy. Over the years, we've seen incredible transformations in our students, turning challenges into opportunities and making lifelong friendships. TIS, you are forever in our hearts! Long live TIS! **Setor Adih (Staff, Learning Centre/Hostel)**



Looking back with fondness, TIS's journey has been worthwhile. Thank you, TIS, for the lifelong valuable friendships turned into family, the priceless life lessons learned, the opportunities to grow better and wiser, and most importantly, the joy of being a creatively gifted world-class educator. Live long, TIS, and live well!" **Constance Quaye, University and Career Guidance.**

Reflecting on my 14 years at Tema International School, I am filled with immense gratitude and love for this remarkable community. TIS has been a place of work and where I have grown, learned, and been deeply impacted. The support, collaboration, and shared vision within this community have profoundly shaped me. I hope to continue being a blessing to TIS, contributing to its success and the lives of our students. I am incredibly grateful to the founding family for their vision and to my incredible team, my colleagues and students who inspire me every day. Thank you for being part of this amazing journey. **Surama King, CAS & Events Coordinator**

At 21, the TIS fabric has indeed stood the test of time with a hallmark of excellence. A thunderous congratulations to the governing body, faculty, staff, and students (past and present) for making this possible. **Mr. Michael Tetteh Adjovu, Parent.**

Congratulations! **Imoro Abdul Rashid, Parent.**

Congratulations TIS! Continue to be an inspiration to students, parents, teachers, and generations to come. God bless you. **Ama Daaku (Parent/Guardian, Past and Present)**



*Wow! Already, another year has been added. Happy anniversary to all the teachers, students, and most of all, the founders who had a vision and never slept on it. To Mr and Mrs Adjavon, may the good Lord reward you for such a huge impact on our children and society at large. You are a beacon of hope and inspiration. Happy 5th anniversary to the primary section and 21st anniversary to the school. Have a blast! **Rose Babanawo, Parent.***

*TIS, congratulations on your anniversary! Kudos to all of you. Keep the fire burning. Be blessed! **Mr. and Mrs. Baiden, Parent.***

*Happy anniversary, TIS, especially Primary Campus! Five incredible years of shaping young minds at the thriving Primary Campus is truly a remarkable milestone. Your tireless dedication and passion for inspiring a love of learning in our children are truly remarkable. Thank you for your unwavering commitment. Here's to many more years of continued success and excellence. **Isaac & Akua Barnieh Armar, Parent.***

*Congratulations to our international family school! May we continue to strengthen one another. I pray that God continues His work within our school and blesses us abundantly. **Mrs. Ruby Painstil, Parent.***

*This is to congratulate TIS on its 21st anniversary. As a new parent, I am very pleased with the programmes at TIS, which have made my son integrate seamlessly into the TIS community. Please continue the excellent work. I salute the Principal, the teachers, and the students! **Alfred Kanu, Parent.***

*I have seen such a tremendous improvement in the learning abilities of my kids! Happy, healthy kids make a happy parent! May the TIS legacy live on for generations! We are building a better world together! **Hetty Otoo Gborglah, Parent.***

*Here is wishing TIS many more years of brilliant delivery of educational excellence to our children. **Nkechi Akunyili, Parent.***

*Happy, happy birthday TIS! Keep up the amazing work! **CISSE, Parent.***

*Congratulations on your 21st Anniversary! With great pride and appreciation, we celebrate the 21st anniversary of TIS. Over the past two decades, you have nurtured countless students, empowering them with knowledge, skills, and values that have shaped their future. Your unwavering commitment to excellence in education, especially in the MYP/DP programmes, has inspired us all. As you step into the next chapter, may you continue to thrive, evolve, and leave a lasting impact on generations to come. Cheers to many more years of success, growth, and achievement. Happy 21st Anniversary! **Ellen Bannerman-Achiampong, Parent.***

*Happy anniversary to an amazing team of organisers of the 21st Anniversary. We wish you continued success and growth. **Samuel Tawiah, Parent.***

It's been amazing all these years how Tema International School has existed to train and transform its students holistically to embrace the challenges of our society and the rest of the world. I am particularly elated that such high academic and all-round training standards exist in the country and are constantly developing the youth to be the future leaders of today and tomorrow. On the occasion

of your 21st anniversary, I encourage the school authorities to continue the wonderful work that is being done as your stakeholders support you in every endeavour. We congratulate you for your great strides and achievements. Keep it up. **Ebenezer A. Baiden, Parent.**

Happy anniversary! Congratulations on the 21st Anniversary of this prestigious school. Twenty-one years of inculcating into students international-mindedness, excellence, honesty, respect, critical thinking, creativity, teamwork, transparency, and service. May the legacy of Comfort Adjavon and Alphonse Adjavon continue to live on. **Maxwell Wumbilla Salifu, Parent.**

Wishing TIS many great and successful years to come. **James Baiden, Parent, Class of 2026.**

Twenty-one years in the life of any organisation is no mean achievement, and TIS is no exception. You have, over the years, perfected the art of growing organically and admirably navigating the complexity of training young people in a technological and AI world. You have blazed the trail of becoming one of the enviable international schools in the sub-region by virtue of your academic excellence and extra-curricular performance. On this auspicious occasion, we congratulate the leadership of the school and the teaching and non-teaching staff who have contributed to the school's sustainability since its inception and have equally laid a solid platform towards the future progress of the institution. Congratulations and bravo to you all!" **Michael N. A. Cobblah** (Parent/Guardian, Past and Present)

As we celebrate Tema International School's 21st anniversary, we, the Organising Committee, are filled with immense pride and joy. This milestone is a testament to the remarkable growth, resilience, and spirit of our school community. We are proud to be students of an institution that not only embraces excellence in education but also fosters innovation, creativity, and service to mankind.



TIS is a place where opportunities are endless and where every student is encouraged to explore, dream, and grow. Our commitment to experiential learning and serving others is at the heart of everything we do. The school's focus on building a better world together is not just a vision but a reality we live out every day.

We are grateful for the opportunity to celebrate this incredible journey and look forward to the many more milestones TIS will achieve in the future. Here's to 21 years of excellence and to a future filled with endless possibilities! **The 21st Anniversary Organising Committee (Students)**

On behalf of the Student Council, we are incredibly proud to celebrate 21 years of excellence, growth, and community at Tema International School. We'd like to acknowledge the pioneering class of 2007 who paved the way for countless students to reach their full potential. And all these years later, twenty-one years of academic excellence and growth is no small feat. It is a remarkable milestone. We are especially excited to acknowledge the 5th anniversary of the TIS Primary Campus, a wonderful addition to our vibrant community. Thank you to all the teachers, staff, parents, alumni, and students who have contributed to the success of TIS. Your dedication and hard work have made our school a truly special place, and we look forward to celebrating many more milestones together as a TIS community. **Jeffrey Boahen** (Student, Grade 12)

*Happy Anniversary to TIS, 21 years and counting of quality excellence. **Klenam Torkornoo** (Student, Grade 11)*

*As the class representative of Grade 12 homeroom set A, it's my honour to wish our beloved school a very happy 21st birthday! This milestone marks two decades of excellence in education and the countless memories, achievements, and friendships we've all shared within these walls. May we continue to grow till we are 100 years and may God bless and be with us all the time. Our school's legacy inspires us to push boundaries, embrace challenges, and work toward an even brighter future. Here's to 21 years of success and to many more years of learning, growth, and community! Happy Birthday! **Nana Yaa Arthur** (Student, Grade 12)*

*Congratulations to our TIS community, and may God continue to make our school a better place for all students, parents, teachers, and staff. Amen. **Victoria Bixin Su** (Student, Grade 12)*

*As we celebrate Tema International School's 21st Anniversary, I'm filled with gratitude for the incredible journey this institution has been on. From its humble beginnings to the thriving community it has become today, TIS has consistently demonstrated a commitment to academic excellence, personal growth, and fostering a nurturing environment for its students. Here's to 21 more years of success, innovation, and creating lifelong memories for our students. Congratulations, TIS. **Sheridan Ano Tawiah, G11.***

*I wish TIS all the best and for staying strong for 21 years. I pray that God will make this school strong for as long as He wants. I pray that the staff of the school will continue to serve the school and make it a better place. **Bradley Owusu, G7.***







EduAid Mante Initiative Class of 2026 Project for Impact



As we wrap up the vibrant celebrations of TIS @ 21 and reflect on the joy and creativity that filled our Spirit Week, we are excited to share the next chapter—a project that truly embodies our values of service and making a difference. The IB Class of 2026 has officially launched the *EduAid Mante Initiative* as part of their CAS (Creativity, Activity, Service) project, and this initiative is now in full swing.

The Mante School of Excellence, located in Afienya East, has been providing education to children in underserved communities for the past 25 years, despite facing numerous challenges. Through the *EduAid Mante Initiative*, the Class of 2026 is dedicated to addressing these challenges by refurbishing the school, providing essential learning materials, and improving its overall facilities.

Key Challenges Identified:

- 1. Shortage of Learning Materials:**
The school struggles to provide basic books and stationery for its students, hindering their learning experience.
- 2. Outdated IT Infrastructure:**
The school's IT lab is in dire need of modern equipment, leaving students with limited access to technology.
- 3. Poor Physical Infrastructure:**
Many classrooms have damaged roofs and poor ventilation, creating an uncomfortable and unsafe learning environment.
- 4. Unsanitary Washroom Facilities:**
The school's outdated latrine systems pose health risks to students and staff.



Our Mission:

The goal of the *EducAid Mante Initiative* is to raise GHC 150,000 (One Hundred and Fifty Thousand Ghana Cedis) to help refurbish the school and provide the necessary resources to create a safe and effective learning environment for the students. This project reflects our commitment to making a tangible difference and supporting quality education for all.

A Special Contribution:



In support of this initiative, all proceeds from Dr. Ken Darvall's newly launched book, *The Teaching Guarantee: Making a Difference*, will go directly to the *EducAid Mante Initiative*. This partnership allows our community to come together to make a lasting impact on the lives of the students at Mante School.

Call to Action:

We invite the entire TIS family—students, staff, parents, and alumni—to join us in supporting this project. You can donate via Mobile Money (MoMo) to Ms. Abigail Ahiadorme at **0597621047**, using the reference: *EducAid - Your Name or Name of Ward*.

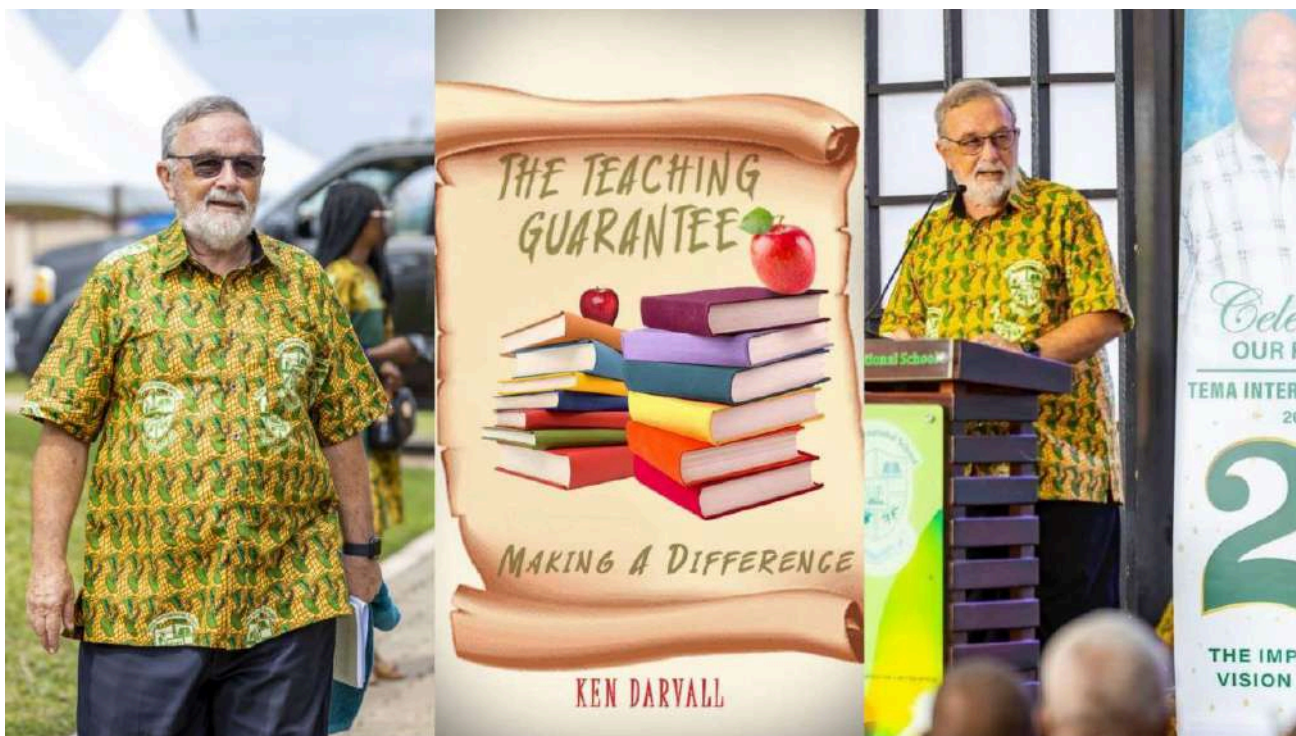
Together, we can make a difference and uphold the spirit of service that defines our school.

Stay tuned for more updates on this transformative journey as we work towards building a brighter future for the Mante School of Excellence.

Let's make a difference together!



The Teaching Guarantee: Making a Difference



A Must-Read for Aspiring School Leaders.

The Teaching Guarantee: Making a Difference is the second instalment in **The Teaching Guarantee** series, offering invaluable insights for aspiring school leaders. This dynamic guide emphasises that making a difference is not just a responsibility but the core mission of any thriving organisation.

Drawing on 50 years of authentic school leadership experience, Ken Darvall reveals how leaders can create a powerful impact on schools and beyond. The principles he shares are not only practical but also adaptable across various industries. This book serves as a hands-on manual for school change, offering clear, actionable steps without the usual complexities that hinder progress. It empowers leaders to take charge and ignite positive transformations in their schools and organisations.

Key takeaways include:

- **Addressing Issues Through Change:** Discover how effective change management can resolve problems and boost the effectiveness of your school or organisation.
- **The Importance of Quality Leadership:** Learn how to tackle the most challenging issues head-on for meaningful and lasting impact.
- **Building a Strong School Culture:** Uncover the secrets to cultivating a robust school culture that epitomises making a difference.

The Teaching Guarantee: Making a Difference is a rallying cry for schools and their leaders to embrace the mantra of making a difference. Whether you're a seasoned leader or just starting, Ken Darvall provides the tools and inspiration needed to drive significant, positive change within your organisation. Get ready to make a lasting impact and transform your leadership with this must-read guide!



TEMA INTERNATIONAL SCHOOL
Presents



An adaptation of
Secret
of an
Ancient Well

By: Yaw Asare



7:00 pm

Sat. 9 Nov. 2024

TIS MPH - Main Campus

ALL PROCEEDS FROM THIS PRODUCTION GO TOWARDS STUDENT SERVICE PROJECTS.











Dukies Expedition Camp: Building Resilience, Leadership, and Global Citizens



The recently concluded **Dukies Expedition Camp** was more than just an adventure; it was an essential part of developing our students into resilient leaders and contributors to a better world. Over a challenging yet rewarding 3-day, 2-night camp, our young participants faced physical and mental challenges that tested their endurance, leadership, and teamwork. The camp, facilitated by the **Kupanda Expedition** team, provided real-life experiences that pushed them beyond their comfort zones. These young adventurers are now more prepared than ever to make positive changes in their communities and the world, embodying the spirit of global readiness for a brighter future.

The following **reflections** by our students and award leaders offer insight into their individual journeys of growth, resilience and the valuable lessons learned during the camp.



I thought the adventurous journey would be easy. I expected the expedition to be all fun, but I noticed there were a lot of challenges as well. It was not easy hiking for three hours, and seeing how underprivileged people live their day-to-day lives was heartbreaking. I learnt to be grateful for the shelter and food I have. I also discovered that making black soap involves drying cocoa pods in the sun, and I learnt how to abseil.

I became more patient on the expedition because, as much as I wanted to rush through the three-hour hike, I had to take my time, walk carefully, climb the rocks, and wait for anyone who got tired. I discovered that I can walk for a long time without needing water, which, in my opinion, is quite impressive.

I didn't have enough mosquito repellent, which made me vulnerable to mosquitos and other insects. Next time, I'll make sure to pack all my items and double-check everything fully. Sometimes, you may not have the comfort of

your bed and a cosy home. In those situations, you have to learn to sleep on the ground in a sleeping bag and even brush your teeth in the bushes. Now, that wouldn't be so difficult for me.

My listening skills came in handy. I was able to be quiet when the instructors presented on abseiling, so I had no problems when it came time to abseil, despite my fear. The activities were extremely fun, and they wore me down by nighttime. I learnt that I do not want to undergo severe police training and that I can live away from the comfort of my home. I also learnt that my friends can do the same. I have developed more gratitude for my parents and the privilege I have to receive a good education.



My best moment was abseiling because it was thrilling, and when I landed at the bottom, I just laughed. I realised I was scared for nothing. I've learnt it's important to be grateful for what you have. After encountering a small school that used to teach children from grades 1 to 6, all in one room, I'm thankful for all the things I have and hope to find a way to support them. I'll never forget when Mr David took us down to the Akaa Falls just to let the water from the waterfall drench us. **Glorious Ogyiri Asare (Gold participant), G11**



This training camp was an unforgettable experience. We camped at the High-Risk Operating Training Centre, a division under the Ghana Police Service. I learnt about teamwork, especially on the first night when we hiked in the dark. We had to remind each other to be careful to avoid falling.

My strength is that I was able to adapt to the training environment over these three days. For example, I learnt to follow instructions and complete tasks on time. One of my challenges was that I didn't bring a torch on the first night's hike, which slowed my pace and made me rely on others for light to avoid falling.

In the camp, we had to listen carefully to the instructors, just like we need to pay attention to teachers in the classroom. My communication and survival skills came in handy during the camp. The activities were both interesting and challenging, especially the night hike. The training camp taught me self-reliance, as I had to complete tasks independently. I also had more time to reflect on my strengths and weaknesses. I cultivated leadership abilities, a sense of responsibility, and a spirit of adventure.

The best moment was during the hikes. I enjoyed walking and felt it constantly stimulated my potential. I learnt to overcome difficulties and developed my strengths. The most unforgettable moment was on the last day when we hiked. We had to cross a river, and we all held hands to help each other across. **Jerry Huang (Gold participant), G12.**





The campsite was the nicest of all the campsites I've visited during my Dukies journey; I believe this is the best one I have been to. I noticed that the natural environment was very serene and mesmerising. I learnt about the importance of collaboration and teamwork. Not all fingers are born equal, and in a team, the strong ones should help and support the weaker ones. Another lesson I learnt is not to let fear prevent you from doing what you can. From the abseiling drill, I learnt that fear creates a mental block that stops us from doing things we are capable of, but when we let go of fear, we can achieve amazing things.

One of my strengths during this camp was my endurance and mindset. My endurance helped me during the hikes, as I was able to complete them without feeling any significant burnout. My mentality also helped me

persevere in difficult moments. I realised that we shouldn't let fear control our situations because it limits our potential.

My communication skills came in handy during the hikes when we had to update our alpha members on what was happening, and my coordination and listening skills were useful when I had to follow abseiling instructions and execute them well. The activities, from the aerobic sessions to the abseiling and security talks, were engaging and informative. The camp taught me that if I let my fears control me, I wouldn't be able to accomplish what I set my mind to. My best moment was the initial talk with an officer about security and its various forms, as I'm interested in pursuing a career in cybersecurity. I also enjoyed abseiling, which I tried for the first time, and I'm glad I did it. Another unforgettable moment was participating in the morning aerobic sessions. The exercises the officer and his colleagues led were both entertaining and challenging, putting my physical fitness to the test. **Vitus Anaab-Bisi (Gold Participant), G12.**

I thought the campsite would be deep in the forest, where animals are. Instead, I noticed that it was in a pretty good location closer to the falls. I learnt how to abseil, how to stay safe on the internet, and some self-defence skills. I also developed my time management skills for various activities, setting priorities, and ensuring that all tasks were completed within the available time frame.

I had a fear of heights, and the abseiling helped me overcome it. Real-life situations often require communication skills to build relationships and resolve conflicts, and my ability to appreciate nature came in handy during this expedition. The camp taught me how to protect myself and others on the internet. I also learnt to appreciate nature and develop new skills. My best moment was abseiling. Although I was terrified, I still managed to get through it, and it was a very nice experience. My biggest takeaway from this experience was connecting with others through effective communication. One unforgettable moment was when I took a picture with a snake. Normally, I wouldn't do that because I'm very afraid of snakes, but I did it! **Karen Kasami (Bronze Participant), G9.**





I believe this camp was very engaging, and I noticed that the tents were larger and the rangers were different this time. One lesson I learnt during the camp is that it's not about being the first to finish hiking but rather about teamwork and resilience. Unlike the last camp I attended, I found this one more manageable, likely because I had a more positive mindset and didn't tire as easily. I don't recall facing any significant challenges this time.

During the camp, we learnt valuable survival skills, including how to defend ourselves against potential attacks. In a real-life situation, these skills could be crucial for protecting myself from harm. Additionally, given our increasingly digital world, I gained insights into preventing cyberbullying, phishing, and fraud.

My positive mindset and resilience were invaluable skills throughout the camp. I found the activities challenging but rewarding, and I was more outgoing and open to trying new things. Reaching the camp was a relief, as it allowed me to rest and recharge. It's important to remember that it's okay to step outside your comfort zone and try new things like abseiling. One unforgettable moment was visiting the waterfall at the camp. It was incredibly refreshing and a welcome break from the activities. Overall, this camp was a positive experience, and I'm grateful for the lessons learnt and the memories made. **Bakhita Agbovi (Gold participant), G12,**



My perception of the camp was that it would be another challenge to overcome and learn from. The lesson I learnt during camp was the importance of collaborating to reach a common goal. I identified that one of my key strengths is perseverance through difficult moments and obstacles.

One challenge I faced was exhaustion during hiking, which was due to my less-than-ideal physical condition at the time and not knowing how to breathe properly to conserve energy. Next time, I plan to learn effective breathing techniques and train on inclined surfaces to better enjoy the hikes.

A connection I made from the expedition to real-life situations is the need to persevere through tough moments to achieve a goal. One of my skills that came in handy was my ability to endure challenges. The camp activities were challenging, and they taught me that I am capable of overcoming seemingly impossible obstacles. I also learnt that people are very reliable. I have developed my collaboration skills, and my attitude towards difficult tasks has become more optimistic.

My best moment was during the team activity where we had to form numbers. When my presence was required to form a particular number, I felt like an important part of a system that needed me to function. I felt both small and significant, and it gave me a new perspective on life. My takeaway from this experience is that no matter how hard something is, there is an end goal that will reward you for your efforts. An unforgettable moment of the camp was during our night hike with my group, Bravo 3. We were completely silent, and at that moment, you could hear the occasional sounds of bugs and birds, along with the rhythm of our footsteps. It was immersive, and I felt a deep sense of peace and serenity. **Elikem Gborglah (Silver Participant)**





The camp was very disciplined. I found the HROT camp interesting because of the activities we took part in. The discipline combined with these activities made the experience both educational and enjoyable. During the camp, I learnt more about the importance of cybersecurity in today's society. I also identified that I am comfortable taking risks. I developed my collaboration skills during the hikes, where teamwork was essential. Working in my alpha group taught me how to communicate effectively and support others. This experience helped me become more aware of my strengths in taking initiative and teamwork. One challenge I faced was packing my bag effectively; next time, I will pack more efficiently so the camp experience goes smoothly.

A connection I made between camp and real-life situations is the importance of teamwork and collaboration, which are needed in daily life. My communication skills came in handy, especially during the night hike, as some of my colleagues found it difficult to navigate smoothly. The activities were both engaging and challenging, and I learnt that I enjoy experiencing nature and have developed a deeper interest in it.

My best moment was abseiling, as it was very enjoyable and a first-time experience for me. My takeaway from this experience is that I developed new skills, and I enjoy exploring nature and trying new things. An unforgettable moment was when we crossed the streams by forming a human chain with our shoes on. **James Baiden (Gold Participant)**

I found the camp to be quite different, especially with the new rangers. I noticed how much the rangers prioritise fitness by having us start each day with morning aerobics. During the camp, I learnt that when entering a new environment, it's important to be open to both learning and unlearning. Sometimes, you need to let go of previous knowledge or habits and adapt to new ideas and approaches. In addition, I learnt the value of trying new things, as it fosters personal growth.

One of my strengths during the camp was communication. Even though we were the last group, our effective communication allowed us to work together and successfully navigate the challenges we faced. An area I recognised for personal growth is my willingness to take new risks. One challenge I faced during the trip was abseiling. Although I had done it once before at a CAS camp a year ago, I was still scared because the height from the top looked very high. However, I managed to overcome this fear by changing my mindset. I realised I was focusing too much on my fear, which was holding me back. While abseiling, I tried not to look down too much, and in the end, I finished.



During the aerobics session, we learnt self-defence techniques to protect ourselves in case someone tries to harm us. These skills are important in real life because we never know what situations we might



face where we could apply what we learnt. One skill that came in handy during the camping trip was time management. Managing my time well allowed me to stay organised, ensuring that I completed certain tasks before the day's activities began. The activities were very engaging and challenging. They pushed us out of our comfort zones and allowed us to develop new skills. For example, some of the activities on the first day encouraged us to think critically and work together. The camp taught me that I am more resilient than I thought as I overcame my fears. I also learnt how important it is to be open-minded, which helped me connect better with others. Through the different activities, I gained a greater appreciation for working together with my peers. Overall, the camp helped me develop skills like adaptability and a positive attitude, as well as

values like respect and community.

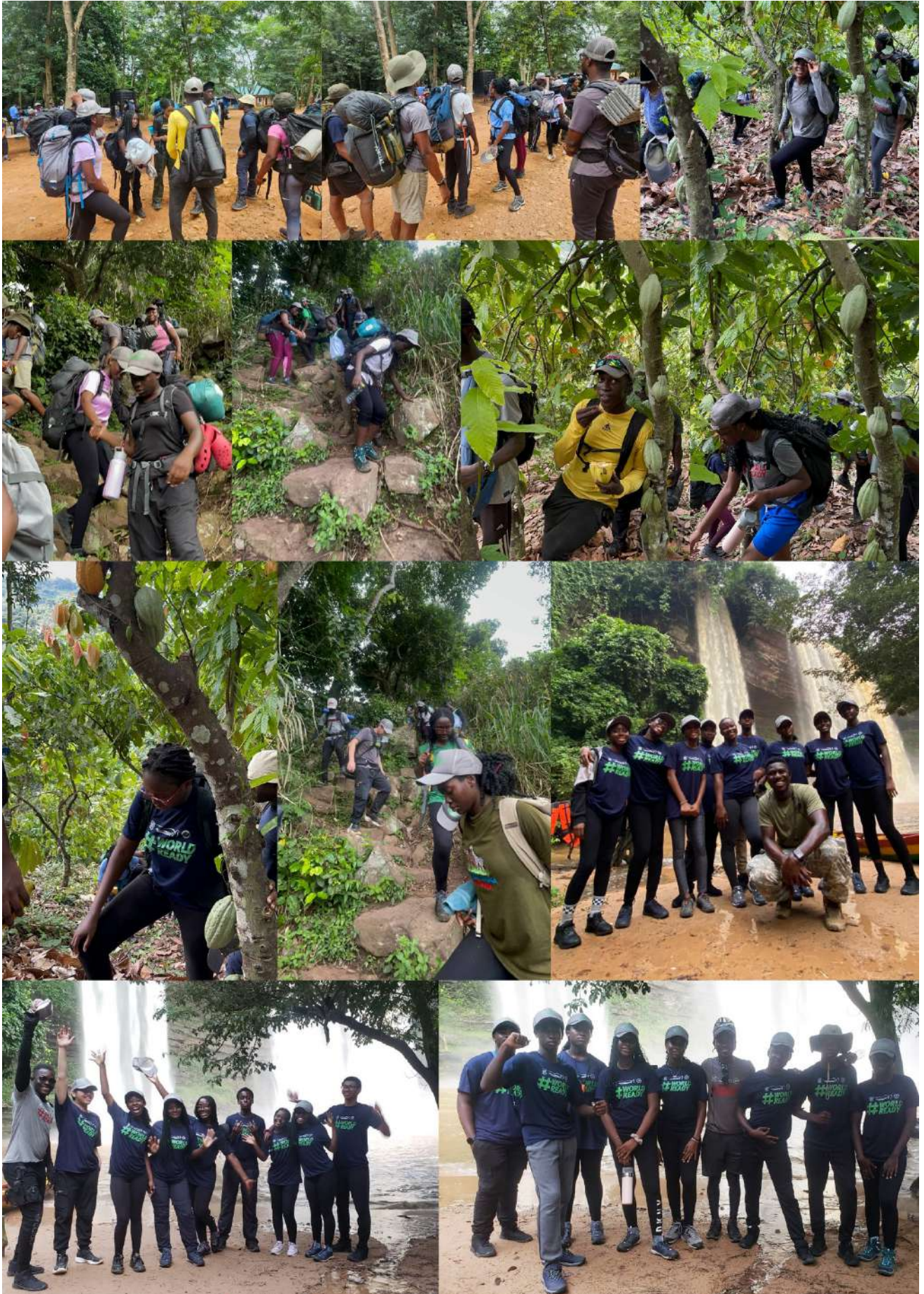
My best moment was seeing the waterfall—it was such a beautiful view, making it one of the highlights of the trip for me. My main takeaway from this experience is to embrace challenges. The camp taught me that challenges are growth opportunities, and instead of shying away from them, I now understand the importance of facing them directly. An unforgettable moment during the trip was when we first arrived and started participating in group activities. The games were very collaborative, engaging, and fun. **Olga Fola (Silver participant), G12**

I viewed the camp almost like a boot camp because of the police involvement, but I enjoyed it overall. The experience fostered a sense of personal growth and allowed me to step out of my comfort zone. One thing I noticed was how involved the police were with us and how they interacted with us. A lesson I learnt was how to jump off a cliff safely while abseiling. I created space for personal growth through one of the activities we did, which was abseiling. This allowed me to believe in and trust myself.

One challenge I faced was communicating well with my alpha group. Next time, I'll work on creating a better environment for my alpha group and myself and applying better communication skills. I had to rely on resilience during the camp, especially because of the long distances we walked. I constantly reminded myself to keep going, which is similar to real life, where you need to push yourself and remember that you're almost there. My communication skills came in handy during an activity involving a ball and a pipe, where we needed to get the ball through the pipe. I had to use my communication skills to help my team work together. The activities were both engaging and challenging. Initially, I thought I'd be sleeping in the bush, especially since it was a new location, but after a while, I felt comfortable and eased into the place. This allowed me to adapt easily to new locations, places, and people. My favourite moment was encountering the various sights, from the waterfalls to the mountains. This was the best part for me because I'm intrigued by and fascinated with nature.

My takeaway from the experience was that anything is possible, and it can be easy to overcome your fears if you put your mind to it. One unforgettable moment was when my alpha group encountered the three-headed palm tree. **Nubuke Eli-Dzantor (Silver Participant)**







I highly recommend this camp. The Akyremanteng area offers a diverse and challenging environment that's perfect for the Duke of Edinburgh's International Award Expedition. The terrain includes mountains, rainforests, and various landmarks like waterfalls and cultural sites. The collaboration with the High-Risk Operating Training Centre (HROT) adds valuable team-building experiences. The area provides an excellent opportunity for students to develop their hiking, navigation, and survival skills while exploring Ghana's natural beauty. One of the best moments was reaching the Umbrella Rock after a challenging 7km hike. The sense of accomplishment combined with the natural beauty of the rock and accompanying water splashes makes for a memorable experience. It represents overcoming physical challenges and being rewarded with a stunning natural landmark.

The biggest challenge was navigating the dense vegetation and mountainous terrain during the longer hike from the 10km trek from the HROT Embassy to Nkurankan, our departure and exit point. This was overcome through teamwork, perseverance, and applying the navigation skills learnt during training. Taking regular breaks, staying hydrated, and encouraging each other played a crucial role in completing these challenging hikes. Through this experience, I learnt about my physical and mental resilience. I discovered the ability to push through challenging conditions, work effectively in a team, and adapt to new environments. The expedition revealed hidden strengths and areas for personal growth, which I intend to effect going forward. Skills learnt during this expedition include navigation and terrain reading, camp setup and outdoor living, team communication and cooperation, risk assessment and safety procedures, time management and planning, basic first aid and health management in outdoor settings, and environmental awareness through Leave No Trace principles.

The activities were both engaging and challenging. The varied terrain, long hikes, and team-building exercises provided by HROT offered physical and mental challenges. The diverse landmarks like waterfalls, cultural sites, and unique natural features (like the three-headed palm tree) kept the expedition engaging and educational. The Akyremanteng expedition was a comprehensive outdoor adventure that challenged us physically and mentally while immersing us in Ghana's natural beauty. From navigating dense rainforests to conquering mountainous terrain, each day brought new challenges and learning opportunities. The collaboration with HROT added valuable team-building experiences, enhancing our communication and cooperation skills. Highlights included reaching scenic waterfalls, observing diverse flora and fauna, and camping under the stars. Despite facing challenges like difficult terrain and variable weather, the sense of accomplishment and personal growth made the experience incredibly rewarding. This expedition not only tested our outdoor skills but also fostered a deeper appreciation for nature and our own capabilities.



Donald Offei Dodoo (Visual Arts, Product Design Teacher & Award Leader)



The best moment for me was the abseiling. It was a completely different experience from anything I've done before. The thrill of descending a vertical surface, trusting the rope and my balance, gave me a sense of accomplishment and freedom. It pushed me out of my comfort zone and required a lot of mental focus. The combination of adrenaline and the beauty of the surroundings made it an unforgettable experience. It was both challenging and rewarding, and it gave me a new sense of confidence in my ability to handle adventurous situations.

One of the biggest challenges I faced was hiking in the evening. The decreasing light made it difficult to see the path clearly, and the dropping temperature added to the difficulty. Navigating unfamiliar terrain in low visibility required me to stay calm and focused. I prepared in advance to overcome this challenge by bringing essential gear like a torch and appropriate clothing for warmth. I also paced myself and relied on teamwork as I was hiking with others. We communicated well and stayed on the designated path, making the experience more manageable. This situation taught me the importance of preparation, adaptability, and remaining calm under pressure.



Through the experiences of hiking and abseiling, I developed several important skills. Firstly, I enhanced my problem-solving abilities, especially when navigating challenging terrain or adjusting to the changing conditions of an evening hike. Secondly, I improved my communication and teamwork skills, as it was essential to coordinate with others for safety and support, particularly during the more technical aspects like abseiling. I also learnt to manage my fear and self-control better, as abseiling required me to trust both the equipment and myself, facing my fear of heights head-on. Finally, I developed a stronger sense of

resilience and adaptability, pushing myself to stay focused and calm in an unfamiliar and physically demanding environment.

The whole experience of hiking and abseiling was exciting and challenging. Hiking in the evening was tough because of the fading light and rough paths, but it taught me to stay calm and trust my preparations. Abseiling was something completely new for me, and even though it was scary, I learnt to trust the gear and face my fear of heights.

What made it special was how I grew and connected with nature. Finishing both the hike and the descent gave me a great sense of accomplishment. I came out of it more confident, with new skills, and a better understanding of what I'm capable of. Overall, it was a fun and rewarding experience that made me stronger. **Abigail Ahiadorme (ASA Coordinator & Award Leader)**



Key Learnings:

1. Teamwork and Collaboration:

Many participants emphasised the importance of working together and supporting one another, particularly during challenging activities like hiking and abseiling.

- *"In a team, the strong ones should help and support the weaker ones."* - **Vitus Anaab-Bisi**
- *"I learnt about teamwork, especially on the first night when we hiked in the dark."* - **Jerry Huang**



2. Overcoming Fear and Building Confidence:

A common theme was overcoming fear, especially of heights during abseiling, and how this helped participants build confidence.

- *"I was terrified of heights, but abseiling helped me overcome my fear."* - **Karen Kasami**

3. Gratitude for Privileges:

Several participants reflected on how witnessing underprivileged living conditions made them appreciate their own privileges, such as access to food, shelter, and education.

- *"I learnt to be grateful for the shelter and food I have."* - **Glorious Ogyiri Asare**

4. Perseverance and Resilience:

The camp challenged participants physically and mentally, teaching them to persevere through tough moments and not give up.

- *"I learnt to overcome difficulties and develop my strengths."* - **Jerry Huang**

5. Listening and Following Instructions:

Listening to instructors was a key lesson for participants, especially during activities like abseiling.

- *"My listening skills came in handy when the instructors were presenting on abseiling."* - **Glorious Ogyiri Asare**

6. **Importance of Communication:**

Effective communication was crucial in team activities, particularly during the night hikes and rappelling.

- *"My communication skills came in handy during the hikes."* - **Vitus Anaab-Bisi**

7. **Self-Reliance and Independence:**

Participants learned how to manage on their own in unfamiliar and challenging conditions.

- *"The training camp taught me self-reliance as I had to complete tasks independently."* - **Jerry Huang**

8. **Cybersecurity Awareness and Self-Defence:**

Some participants gained cybersecurity knowledge and learned valuable self-defence techniques during the camp.

- *"I learnt how to stay safe on the internet and some self-defence skills."* - **Karen Kasami**

9. **Appreciation of Nature:**

Several participants reflected on their appreciation of nature and how the camp helped them connect with the environment.

- *"I gained a greater appreciation for nature and the environment."* - **Vitus Anaab-Bisi**

10. **Time Management and Organisation:**

Participants noted how they improved their time management skills by prioritising tasks and ensuring they stayed organised.

- *"I developed my time management skills during the camp, ensuring all tasks were completed within the available time frame."* - **Karen Kasami**

Favourite Moments:

1. **Abseiling (Rappelling):**

Many participants stated that abseiling was their favourite part of the camp because it was thrilling, challenging, and gave them a sense of accomplishment.

- *"My best moment was abseiling—it was very thrilling."* - **Glorious Ogyiri Asare**
- *"Abseiling was completely different from anything I've done before."* - **Abigail Ahiadorne**

2. **Hiking:**

The hikes, particularly to scenic spots like the Akaa Falls and Umbrella Rock, were memorable for many participants.

- *"One of the best moments was reaching the Umbrella Rock after a challenging hike."* - **Donald Offei Dodoo**

- *"My favourite moment was encountering the sights, from waterfalls to mountains."*
- **Nubuke Eli-Dzantor**

3. **Night Hike:**

The night hike, especially the moment when they turned off their torches and experienced the peace of the environment, was an unforgettable experience for participants.

- *"An unforgettable moment was during our silent night hike, where I felt a deep sense of peace and serenity."* - **Elikem Gborglah**

4. **Team Building Activities:**

Team bonding games and exercises were particularly enjoyable and helped participants build relationships.

- *"The collaborative games were very engaging and fun."* - **Olga Fola**

5. **Waterfall Experience:**

Cooling off at the Akaa Falls was a refreshing and memorable experience for many participants.

- *"I'll never forget when Mr David took us down to Akaa Falls and let the waterfall drench us."* - **Glorious Ogyiri Asare**







Thursday, October 18, 2024

Achieving Fairness In Global Development: TISMUN 24 Hosted By Tema International School

Following the celebration of its 21st anniversary, Tema International School (TIS) proudly hosted the TISMUN 24 (Tema International School Model United Nations) conference from 10-12 October 2024.

This three-day event, held in collaboration with 19 schools across Ghana, was a testament to the school's commitment to its founding vision of nurturing global leaders and fostering meaningful dialogue on global issues.

Under the theme "Achieving Fairness in Global Development: Creating Equal Opportunities for Sustainable Change," TISMUN 24 provided a platform for 309 student delegates from participating schools, including Al-Rayan International School, American International School, Apple Valley International School, Ashaiman Number 2 JHS, Association International School, Aves International Academy, Baatsona JHS B, Beacon College International, Brainy Bairn School, British International School, Dodi International School, DPS, Ghana International School, International Community School, Legacy Girls' College, Morgan International Community School, SOS-Hermann Gmeiner International College, St Nicholas Charity Foundation School, and Tema International School (the host), to engage in enriching and thought-provoking discussions.

The conference opened with a vibrant flag procession, a celebration of diversity and unity, as described by TISMUN Secretary General, Aisha Hussein, a Grade 12 student of Tema International School. Aisha noted that the opening ceremony embodied the uniqueness of each participating school while highlighting their collective commitment to global change.

During his welcome address, the Principal of Tema International School, Dr Ken Darvall, emphasised the invaluable opportunities that conferences like TISMUN offer young people. He shared his concern about mobile phones being a potential distraction, urging participants to focus on the development of key MUN skills such as research, public speaking, debating, writing, teamwork, critical thinking, and leadership. His remarks resonated with the audience, highlighting the importance of these life skills in shaping



the next generation of global leaders.

The keynote addresses delivered by His Excellency Edmond Mukala N'gouemo, the UNESCO Representative to Ghana and Mali, and Retired Superintendent Mrs Effia Tenge, Director of Public Engagement at the Parliament of Ghana, emphasised the power of youth to ignite meaningful change in the world.

Their words resonated deeply with the participants, who left eager to contribute towards achieving the Sustainable Development Goals (SDGs).

The atmosphere was electric throughout the conference, and the participants' energy was palpable. Several students from other schools expressed how TISMUN provided a unique opportunity to network with like-minded peers, exchange ideas, and gain real-world experience of how the Model United Nations functions. A teacher from St Nicholas

School in Tema New Town, invited as an observer, remarked, "This opportunity is one of a kind, and we are so happy that TIS invited us to be part of this. We leave eager to establish an MUN club in our school."

TISMUN 24 featured 11 committees representing key international organisations, such as the World Health Organisation (WHO), Economic and Financial Committee (ECOFIN), United Nations Human Rights Council (UNHRC), Security Council, UNICEF, Crisis Committees A and B, the Arab League, African Union (AU) - Pan-African Parliament (PAP), NATO & BRICS, and the United Nations Women. Through these platforms, students tackled critical global issues, developing solutions that reflect fairness and equity in global development.

Model United Nations conferences like TISMUN 24 provides an unparalleled opportunity for students

to hone essential life skills, including:

- Research and analytical skills: Gaining an in-depth understanding of complex issues.

- Public speaking and debating: Articulating thoughts and arguments in a global context.

- Leadership and teamwork: Collaborating with peers to negotiate and reach consensus.

- Global awareness: Exploring pressing international challenges through the lens of diplomacy.

The event served as a powerful reminder of TIS's commitment to cultivating the next generation of leaders who can positively impact the world. As the school reflects on its 21-year journey, TISMUN 24 stands as a shining example of the values and vision established by its founders.

For more information about TISMUN and upcoming events, please visit the school's website at www.tis.edu.gh.



TEMA INTERNATIONAL SCHOOL SERVICE



At TIS, we believe that service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to demonstrate how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD

TIS INTEGRITY Code

“TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,

I promise to uphold and demonstrate its values, and protect the reputation of the school.

I make this pledge in the spirit of honour and trust.”



